IN THE NAME OF GOD, THE MOST KIND, THE MOST MERCIFUL

NURTURING A COMMUNITY OF STUDENTS TO EXHIBIT THE BEST OF CHARACTER AS TAUGHT BY THE AHLUL-BAYT (AS)

THIS BOOK BELONGS TO:

________________________________________________________________________

CLASS:

________________________________________________________________________
SCHOOL ADDRESS
Northwood School
Pinner Road, Northwood, Middlesex, HA6 1QN

TIMINGS
10:00AM - 1:30PM
<table>
<thead>
<tr>
<th></th>
<th>Table of Contents</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>From the Principal’s Desk</td>
<td>PG IV</td>
</tr>
<tr>
<td>2.</td>
<td>Classes 1-4 Student Collection Form</td>
<td>PG V</td>
</tr>
<tr>
<td>3.</td>
<td>Staff Roles &amp; Responsibilities</td>
<td>PG VI</td>
</tr>
<tr>
<td>4.</td>
<td>Academic Year Calendar</td>
<td>PG VII</td>
</tr>
<tr>
<td>5.</td>
<td>My Teachers &amp; Timetable</td>
<td>PG VIII</td>
</tr>
<tr>
<td>6.</td>
<td>Madressa Procedures</td>
<td>PG X</td>
</tr>
<tr>
<td>7.</td>
<td>Parent Consultation Board</td>
<td>PG XI</td>
</tr>
<tr>
<td>8.</td>
<td>Learning Support</td>
<td>PG XI</td>
</tr>
<tr>
<td>9.</td>
<td>Behaviour Policy</td>
<td>PG XII</td>
</tr>
<tr>
<td>10.</td>
<td>Attendance/Absence Policy</td>
<td>PG XIII</td>
</tr>
<tr>
<td>11.</td>
<td>Assessment Procedures</td>
<td>PG XIV</td>
</tr>
<tr>
<td>12.</td>
<td>Personal &amp; Classroom Akhlaq</td>
<td>PG XVI</td>
</tr>
<tr>
<td>13.</td>
<td>Akhlaq Around the Madressa</td>
<td>PG XVII</td>
</tr>
<tr>
<td>14.</td>
<td>Before you start your Lesson</td>
<td>PG XVIII</td>
</tr>
<tr>
<td>15.</td>
<td>Useful Resources</td>
<td>PG XIX</td>
</tr>
<tr>
<td>16.</td>
<td>Homework Record Form</td>
<td>PG XX</td>
</tr>
<tr>
<td>17.</td>
<td>Leaving Early Record Form</td>
<td>PG XXIV</td>
</tr>
<tr>
<td>18.</td>
<td>Key Features of this Book</td>
<td>PG XXVI</td>
</tr>
<tr>
<td>19.</td>
<td>Madressa Syllabus</td>
<td>PG 1</td>
</tr>
</tbody>
</table>
Dear Students....

I would like to warmly welcome you all to the 2017 academic year.

As you will have noted, we are all in a new home this year at Northwood School. This will inshaAllah be our home for many years to come and we are proud to have found a new home where all our students, from our very youngest ones in class 1 who are 4 years old to our oldest students who are 16 can be under one roof.

There are many advantages of being in a school not least the educational atmosphere, the educational resources available, and the various sports facilities that we will also be able to utilise in the future. In short, there is something to be gained for everyone.

However, with this fantastic opportunity comes with the responsibility to look after and care for our new environment. Whilst this is the new home for the Madressa we are ultimately guests who have been kindly given permission to use these facilities and we should behave as we would want guests to behave in our own house.

I kindly request all students, to treat our new home with respect and behave with the Akhlaq of Ahlul Bayt (as) towards one another and our new environment.

Let us collectively show the outside world how Muslims look after the property of others, the way our Prophet Muhammed (saw) would care for the property even of his hardened enemies who would refer to him as Al-Sadiq (the truthful one) and Al-Amin (the trustworthy one).

I hope that during the course of this year, each of you will increase in your knowledge and understanding of our wonderful religion, and also enjoy your time both inside and outside the classroom with your teachers and friends. There are exciting new plans being made to help deliver more experiences and I hope that you will all take part.

I pray that the year ahead is both spiritually fulfilling and intellectually fruitful for all and remember to keep us all in your prayers as you will be in mine.

Sajjad Govani
Principal
Shia Ithna’asheri Madressa,
London, United Kingdom—January 2017
Parents for students in Classes 1-4 must complete the form below so that teachers are aware of authorised individuals who are collecting the children. Please refer to the ‘Drop-off and Pick-up policy to see where you should pick up your child(ren) from.

**AUTHORISED PARENT / GUARDIAN**
*(please provide the details of the main individual who will be collecting your child from the Madressa at the end of the day)*

**SURNAME:** ____________________________  **FIRST NAME:** ____________________________

The above named person is a:  
☐ Parent  ☐ Guardian  ☐ Other

**IF YOU STATED ‘OTHER’ PLEASE STATE THE RELATION TO THE CHILD:**

**PICTURE OF THE ABOVE NAMED INDIVIDUAL:**

Please provide names of any other individuals who are authorised to collect the above named child on your behalf *(optional)*:

**FULL NAME:**
________________________________________________________________________

**FULL NAME:**
________________________________________________________________________

**FULL NAME:**
________________________________________________________________________

**FULL NAME:**
________________________________________________________________________
If you need to call home, or need first aid assistance, or you just need to talk to someone, speak to your teacher, or come to the Madressa office and we will be happy to help!

**ADMINISTRATION TEAM**

PRINCIPAL: Sajjad Govani  
VICE PRINCIPAL: Hasnain Merali  
SECRETARY: Maisam Jaffer  
TREASURER: Aqeel Merchant  
ADMINISTRATORS: Fatima Hirji & Rumina Hashmani  

**YGC = YEAR GROUP COORDINATOR**

EDUCATION MANAGER: Mohamed Zamin Alidina  
1-4 YGC: Shenaz Dhalla  
5-10 GENTS YGC: Raza Kirmani  
5-10 LADIES YGC: Fatim Panjwani  
5-10 LADIES ASSISTANT YGC: Nishaat Bhimani

**JUNIOR (CLASSES 1-4) HEADS OF DEPARTMENTS**

CLASSES 1-2: Nazira Mamdani Shah  
QUR’AN: Atia Kazmi  
LEARNING SUPPORT: Tahera Sumar

**SENIOR (CLASSES 5-10) HEADS OF DEPARTMENTS**

GENTS: Imran Chatoo  
LADIES: Farzana Kirmani  
MORALS, ETHICS & HISTORY: Nishatabbas Rehmatulla  
BELIEFS & ACTIONS: Zeeshan Merchant  
QURA’N: Murtaza Kanani  
LEARNING SUPPORT: Shams Kermalli

**HIGHER EDUCATION (CLASSES 11-12)**

Mukhtar Karim

FOR QUERIES, PLEASE CONTACT SIMOFFICETEAM@MADRESSA.NET
The S I Madressa runs once a week on Sundays. This year we will have 32 teaching weeks.

<table>
<thead>
<tr>
<th>Date</th>
<th>Teach Week</th>
<th>Calendar Event</th>
<th>Date</th>
<th>Teach Week</th>
<th>Calendar Event</th>
</tr>
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<tbody>
<tr>
<td>01-Jan-17</td>
<td>Closed</td>
<td>1st Jan – New Year’s Day</td>
<td>09-Jul-17</td>
<td>Closed</td>
<td>Eid Function at KSIMC</td>
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<tr>
<td>08-Jan-17</td>
<td>Inset Day</td>
<td>Teacher Inset Day Wiladat Eve of 11th Imam (A)</td>
<td>16-Jul-17</td>
<td>T19</td>
<td></td>
</tr>
<tr>
<td>15-Jan-17</td>
<td>T1</td>
<td></td>
<td>23-Jul-17</td>
<td>Closed</td>
<td>21st Jul – Schools Close for Summer Holidays</td>
</tr>
<tr>
<td>22-Jan-17</td>
<td>T2</td>
<td></td>
<td>30-Jul-17</td>
<td>Closed</td>
<td>4th Sept – Schools Open</td>
</tr>
<tr>
<td>29-Jan-17</td>
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<td></td>
<td>6-Aug-17</td>
<td>Closed</td>
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</tr>
<tr>
<td>05-Feb-17</td>
<td>T4</td>
<td></td>
<td>13-Aug-17</td>
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<tr>
<td>12-Feb-17</td>
<td>T5</td>
<td>13th Feb - Half Term Begins</td>
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<tr>
<td>19-Feb-17</td>
<td>T6</td>
<td>17th Feb – Half Term Ends</td>
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<tr>
<td>26-Feb-17</td>
<td>T7</td>
<td>Ayyam-e-Fatimiyyah Begins</td>
<td>03-Sep-17</td>
<td>Inset Day</td>
<td>Teacher Inset Day</td>
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<tr>
<td>05-Mar-17</td>
<td>T8</td>
<td></td>
<td>10-Sep-17</td>
<td>T20</td>
<td></td>
</tr>
<tr>
<td>12-Mar-17</td>
<td>T9</td>
<td>Wafat of Ummul Baneen (A)</td>
<td>17-Sep-17</td>
<td>T21</td>
<td></td>
</tr>
<tr>
<td>19-Mar-17</td>
<td>T10</td>
<td></td>
<td>24-Sep-17</td>
<td>Closed</td>
<td>Ashra-e-Muharram 1439</td>
</tr>
<tr>
<td>26-Mar-17</td>
<td>T11</td>
<td>BST Begins (+1 Hr) Summer Timetable</td>
<td>01-Oct-17</td>
<td>Closed</td>
<td></td>
</tr>
<tr>
<td>02-Apr-17</td>
<td>T12</td>
<td></td>
<td>08-Oct-17</td>
<td>T22</td>
<td></td>
</tr>
<tr>
<td>09-Apr-17</td>
<td>Closed</td>
<td>Easter Holidays</td>
<td>15-Oct-17</td>
<td>T23</td>
<td>Wafat Eve of 4th Imam (A)</td>
</tr>
<tr>
<td>16-Apr-17</td>
<td>Closed</td>
<td></td>
<td>22-Oct-17</td>
<td>T24</td>
<td>23th Oct – Half Term Begins</td>
</tr>
<tr>
<td>23-Apr-17</td>
<td>T13</td>
<td>Wafat of H. Abu Talib (A)</td>
<td>29-Oct-17</td>
<td>T25</td>
<td>27th Oct – Half Term Ends BST Ends (-1 Hr) Winter Timetable</td>
</tr>
<tr>
<td>30-Apr-17</td>
<td>T14</td>
<td>1st May – Bank Holiday Wiladat Eve of H. Abbas (A)</td>
<td>05-Nov-17</td>
<td>T26</td>
<td>Ashra-e-Zainabiyya 1439</td>
</tr>
<tr>
<td>07-May-17</td>
<td>T15</td>
<td></td>
<td>12-Nov-17</td>
<td>T27</td>
<td></td>
</tr>
<tr>
<td>14-May-17</td>
<td>T16</td>
<td></td>
<td>19-Nov-17</td>
<td>T28</td>
<td></td>
</tr>
<tr>
<td>21-May-17</td>
<td>T17</td>
<td></td>
<td>26-Nov-17</td>
<td>T29</td>
<td></td>
</tr>
<tr>
<td>28-May-17</td>
<td>Closed</td>
<td>29th May – Half Term Begins 2nd Jun – Half Term Ends Mahe Ramadhan</td>
<td>03-Dec-17</td>
<td>T30</td>
<td></td>
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<tr>
<td>04-Jun-17</td>
<td>Closed</td>
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<td>10-Dec-17</td>
<td>T31</td>
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<tr>
<td>11-Jun-17</td>
<td>Closed</td>
<td></td>
<td>17-Dec-17</td>
<td>T32</td>
<td></td>
</tr>
<tr>
<td>18-Jun-17</td>
<td>Closed</td>
<td></td>
<td>24-Dec-17</td>
<td>Closed</td>
<td>20th Dec – Schools Close for Christmas Holidays</td>
</tr>
<tr>
<td>25-Jun-17</td>
<td>Closed</td>
<td></td>
<td>31-Dec-17</td>
<td>Closed</td>
<td></td>
</tr>
<tr>
<td>02-Jul-17</td>
<td>T18</td>
<td></td>
<td>07-Jan-18</td>
<td>Inset Day</td>
<td>Teacher Inset Day</td>
</tr>
</tbody>
</table>

**2018 Calendar Dates**

- Sunday 07 Jan 18: Teachers Inset Day
- Sunday 14 Jan 18: T2
- Sunday 14 Jan 18: T1
- Sunday 28 Jan 18: T3
Use this page to write your teacher details in case you need to contact them.

**CLASSES 1-2**

<table>
<thead>
<tr>
<th>MAIN TEACHER</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>My Teacher is:</td>
<td></td>
</tr>
<tr>
<td>Contact Number / Email:</td>
<td></td>
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</table>

<table>
<thead>
<tr>
<th>QUR’AN TEACHER</th>
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<tbody>
<tr>
<td>My Teacher is:</td>
<td></td>
</tr>
<tr>
<td>Contact Number / Email:</td>
<td></td>
</tr>
</tbody>
</table>

**CLASSES 3-10**

<table>
<thead>
<tr>
<th>TARIKH &amp; AKHLAQ - MORALS, ETHICS &amp; HISTORY (MEH)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>My Teacher is:</td>
<td></td>
</tr>
<tr>
<td>Contact Number / Email:</td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>FIQH &amp; AQA’ID - BELIEF &amp; ACTIONS (BA)</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>My Teacher is:</td>
<td></td>
</tr>
<tr>
<td>Contact Number / Email:</td>
<td></td>
</tr>
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</table>

<table>
<thead>
<tr>
<th>QUR’AN</th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>My Teacher is:</td>
<td></td>
</tr>
<tr>
<td>Contact Number / Email:</td>
<td></td>
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# CLASSES 1-4

<table>
<thead>
<tr>
<th>CLASS</th>
<th>ASSEMBLY</th>
<th>QURA’N</th>
<th>QURA’N</th>
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<th>LESSON 3</th>
<th>LESSON 4</th>
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<tr>
<td>2</td>
<td>ASSEMBLY</td>
<td>MEH</td>
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<td>BREAK</td>
<td>QURA’N</td>
<td>BA</td>
<td>SALAAH</td>
</tr>
<tr>
<td>3</td>
<td>MEH</td>
<td></td>
<td></td>
<td></td>
<td>QURA’N</td>
<td>BA</td>
<td></td>
</tr>
<tr>
<td>4</td>
<td>MEH</td>
<td></td>
<td></td>
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# CLASSES 5-10

## BOYS

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<thead>
<tr>
<th>DAY</th>
<th>QURA’N</th>
<th>BREAK</th>
<th>MEH</th>
<th>SALAAH</th>
<th>BA</th>
</tr>
</thead>
<tbody>
<tr>
<td>W</td>
<td>QURA’N</td>
<td>BREAK</td>
<td>MEH</td>
<td>SALAAH</td>
<td>BA</td>
</tr>
<tr>
<td>S</td>
<td>QURA’N</td>
<td>MEH</td>
<td></td>
<td>BA</td>
<td>SALAAH</td>
</tr>
</tbody>
</table>

## GIRLS

<table>
<thead>
<tr>
<th>DAY</th>
<th>QURA’N</th>
<th>MEH</th>
<th>BREAK</th>
<th>SALAAH</th>
<th>BA</th>
</tr>
</thead>
<tbody>
<tr>
<td>W</td>
<td>QURA’N</td>
<td>MEH</td>
<td>BREAK</td>
<td>SALAAH</td>
<td>BA</td>
</tr>
<tr>
<td>S</td>
<td>QURA’N</td>
<td>MEH</td>
<td></td>
<td>BA</td>
<td>SALAAH</td>
</tr>
</tbody>
</table>

*W = WINTER TIMETABLE (JANUARY - MARCH & NOVEMBER - DECEMBER)*
*S = SUMMER TIMETABLE (APRIL - OCTOBER)*

MEH = MORALS, ETHICS & HISTORY
BA = BELIEF & ACTIONS
MADRESSA PROCEDURES

WHAT TO DO IN CASE YOU ARE LATE:
If you will be more than 10 minutes late in the morning, your parent / guardian must call the Madressa office at 07709772671.

WHAT TO DO IF YOU ARE GOING TO BE ABSENT:
If you are going to be absent, notify the Madressa office via the Parent Portal. Details on how to submit a Student Absence Notification can be found on www.madressa.net. (Please refer to our Attendance / Absence Policy on Page VII to see definition of Authorised and Unauthorised absences)

WHAT TO DO IF YOU ARE LEAVING MADRESSA EARLY:
You must have a written and signed note from your parent / guardian on the ‘Leaving Early Record Form’ (Pg XX). Please then show this note to your teacher. Parents are to come to the reception area at the entrance of the school where an administrative member will then go collect the student from their respective classes. (Please note, students will not be allowed to leave the building on their own if leaving early)

WHAT TO DO IF YOU FEEL UNWELL DURING MADRESSA:
Ask your teacher’s permission to be excused and proceed to the administrative office and speak to a member of staff who will be able to assist further.

WHAT TO DO IF YOU ARE UNABLE TO SIT AN ASSESSMENT OR COMPLETE AN ASSIGNMENT:
As soon as you are aware that you may not be able to sit a test or complete an assignment, your parent / guardian must inform the Madressa office immediately via email (admin@madressa.net).

WHAT TO DO IN CASE OF AN EMERGENCY AND THE FIRE ALARM IS HEARD:
• Follow your teacher’s instructions and respond when called
• Leave all personal belongings (including shoes) and exit your classroom quietly and quickly in an orderly fashion. Meeting Points will be announced by the class teachers.

CLASS 1-4 LUNCH:
You must bring in a named lunch box and a bag big enough to carry your manual and lunch box.
The two main functions of the Parent Consultation Board are:

- Act as a liaison between parents and the Madressa Administration
- Plan and coordinate activities that will encourage parental involvement with the Madressa

As part of the PCB duties, they hope to present the viewpoint of parents to the Madressa Administration and help respond to the needs of children, parents and the wider community. They will also be working with Madressa on planning, target setting and developing policies, as well as being involved in planning and coordinating events such as the Events Day and fundraising events.

The Parent Consultation Board can be contacted by email at pcb@madressa.net

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LEARNING SUPPORT TEAM

The Learning Support Department was born out of parents' wishes that students with additional needs, be integrated into mainstream classes as they often are in schools, but with 1:1 support. We have children with varies needs ranging from low/mild needs to those who have complex needs.

The Head of Learning Support works closely with the teachers and parents to identify the children’s needs and every week produce worksheets that these children can follow in class, all the children are fully involved in class activities. Where possible we try to ensure that the children have the same Learning Support assistant on a weekly basis.

Children who have more complex needs are assisted by Learning Support assistants who have been there for some time.

Support will be provided to each Learning Support assistant, what we really require is someone who is friendly, committed and reliable to basically sit with the children and assist them in anything they would find difficult much as a teaching assistant would do in a regular school.

The Learning Support team is a friendly team who support each other and the Head of the Learning Support team is also on hand to provide any support that is needed. It really is a blessing to work with these children, most of the time all that is needed is some practical hands on support and a friendly smile to boost the children’s confidence. To summarise we desperately need volunteers to help with the children in writing things down, getting involved in class discussions and checking that they understand what has been taught in class. If you are interested in volunteering visit www.madressa.net
Following its successful pilot in 2016, the Behaviour management policy is being implemented as part of madressa policy in order to reward positive behaviour and manage negative behaviour effectively.

**POSITIVE BEHAVIOUR**
Positive behaviour will earn green cards for actions such as:
- Demonstrating helpful behaviour – helping peers, carrying bags, helping with furniture, sharing, etc., actively participating in lesson, demonstrating supportive behaviour towards peers, e.g. encouraging participation, exceptional piece of work, taking an initiative: e.g. clearing up rubbish that doesn't belong to them

**NEGATIVE BEHAVIOUR:**
Negative behaviour will result in either a yellow or red card issued by a teacher. When a teacher has repeatedly given clear instructions for a student to stop an unacceptable behaviour, and the student continues their inappropriate behaviour, a yellow card may be issued:
- Talking while others are talking (teacher or students) during lesson, being disrespectful to others (teacher or student)/ disruptive / boisterous, misusing Madressa property (e.g. writing on tables), unauthorised use of electronic gadget – teachers to confiscate the gadget and hand to Madressa office. Parent/Guardian to collect from office

Red cards will be issued for repeating of any yellow card offence twice in a day.

Straight red cards may also be issued for the following offences:
- Bullying, swearing, fighting, intentionally missing a lesson or Salaah (bunking), inappropriate language towards any member of Madressa, any other offence as deemed inappropriate by the Madressa Administration

**PROCEDURE:**
Our vision at SIM is nurturing a community of students that exhibit the features of the Ahlul Bayt (AS). Therefore, our teachers will make every effort to provide an environment in which children can learn successfully by using effective classroom management techniques, setting clear expectations and providing engaging and varied lessons. Only as a last resort, will the teacher manage children’s behaviour through the behaviour management system as per the procedure below:

- Repeated verbal warnings
- 1st offence – First Yellow Card: Admin will inform parents through the parent portal
- 2nd offence – Second Yellow Card the same day and hence Red card: Admin will inform parents through the parent portal and parent called in the same day if possible to discuss the matter
- Straight Red Card: Student sent to office and parents will be called in the same day if possible
- Three yellow cards at separate occasions – Parents will be invited for a discussion to discuss the child’s behaviour and how to work together towards a positive resolution
- Two red cards in one term: Possible suspension for the remainder of the term or any other resolution that may deemed appropriate by the administration
Regular and punctual Madressa attendance is important. Students need to attend Madressa regularly if they are to take full advantage of the educational opportunities available to them. A student who has enrolled in the Madressa is expected to attend punctually on all Madressa Days. The Attendance/Absence policy has been updated for the 2017 Academic Year and has been reviewed and ratified by the Parent Consultation Board (PCB).

Attendance data will be continuously reviewed by the Madressa to monitor attendance levels and the same data will be made available online to parents via the Parent Portal so that any discrepancies may be rectified as soon as possible.

**AUTHORISED ABSENCES**

- illness, medical or dental appointments
- Family bereavement; Attending Funeral of family member; Family emergency
- Suspension or exclusion by Madressa
- **Mandatory** School events/exams
- Ziyarah
- Participation in Charity event
- Exceptional occasions (the nature of such occasions will be determined by the Madressa on an individual basis)
- Only the Madressa can make an absence authorised. Parents do not have this authority. Consequently not all absences supported by parents will be classified as authorised.

**UNAUTHORISED ABSENCES**

Absence will **not** be authorised in the following circumstances:

- Family holidays
- School exam revision; Tuitions
- Leaving early due to travelling distances or any other reason deemed invalid as determined by the Madressa
- Hosting/Attending Majalis (other than family bereavement); attending Religious processions
- Duke of Edinburgh like events
- Going for a family day out; birthday events; wedding events; sporting, Social & school related events (non-Mandatory)
- No explanation has been offered by the parent/carer
- The explanation offered, if not listed above, is unsatisfactory as determined by Madressa

Therefore the absence is unauthorised if a student is away from Madressa without good reason, even with the support of a parent.

To view the full policy and the consequences of unauthorised absences, please visit www.madressa.net

**Note:** The S I Madressa reserves the right to alter the policy and will notify parents by email of changes that are made.
WHAT are Assessments?

Assessment is a process of gathering and discussing information from multiple and diverse sources in order to develop a deep understanding of what students know, understand, and can do with their knowledge as a result of their educational experiences.

WHY Assess?

We assess so that:

- **Teachers** can regularly and consistently measure the success of their teaching by how well learners develop their knowledge, skills and understanding considering the *End of Year Expectations (EoYE)*.
- **Teachers** can plan learning opportunities that reflect the needs of children.
- **Children** who are falling behind can be identified and therefore supported to address their needs.
- **Children** who are exceeding expectations can be identified and extended further.
- **Parents** can understand how their child’s learning is progressing on a *termly* basis.
- **Madressa** can gather data to ensure continual improvement.

HOW will we Assess in Madressa?

1. Teachers will carry out regular ongoing assessment of children as they teach to ensure that the *EoYE* are met. This is called **Assessment for Learning**.

Assessment for Learning can be carried out through a variety of activities:

- Verbal/Written Questioning
- Debates
- Role Play
- Worksheets
- Crossword
- A question put up on the board for children to answer
- Learning Logs
- Observations
- Video Recordings
- Games

During assessment for learning activities, teachers will assess children in the areas of:

- Knowledge and Understanding
- Skills and Presentation
- Behaviour and Participation

*Teachers will keep their own records and ensure the age appropriateness of the activities. This will help teachers know how well students are learning. They will have an opportunity to close any gaps in learning as they go along.*
2. Teachers will complete a termly report on how children are performing, using the following descriptions: **Weak, Average, Good, Very Good**

<table>
<thead>
<tr>
<th>Subject</th>
<th>Knowledge &amp; Understanding</th>
<th>Skills &amp; Presentation</th>
<th>Behaviour &amp; Participation</th>
<th>Teacher’s Comments</th>
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**Important Note:**

**Knowledge and Understanding** will be assessed against the End of Term/Year Learning Statements for each subject.

**Skills and Presentation** will include student’s ability to communicate their understanding confidently, present their work coherently and neatly.

**Behaviour and Participation** will be based on the demonstration of positive Akhlaq both in and out of class, student’s engagement in Madressa and behaviour for learning. For the very young classes positive behaviour will be promoted and consistently encouraged through stickers and other rewards whilst for older classes the Madressa Behaviour Management Policy is in force.

3. **Special Projects - [Class 3-10]**

To assess students in their ability to work collaboratively and organise themselves to achieve an objective whilst taking responsibility for their individual and collective learning, madressa will continue to have special projects throughout the year.

Term 1 – MEH
Term 2 – BA
Term 3 – QA

Teachers will present a topic (or choice of topics) for students to research and offer students their preferred way of demonstrating their understanding. For example:

- Powerpoint
- Presentations
- Video Clips
- Posters
- Diary Entries
- Newspaper Articles
- Plays
- Debates

**The projects will not be graded but they will form a part of the end of term assessment.**
PERSONAL AKHLAQ

At the Madressa we expect all our students to have the best Akhlaq. Remember you are always responsible for your own Akhlaq!

In accordance with the above, students are expected to display the following Akhlaq in all classes and all situations:

- Always be your best and do your best
- Treat all others and their property with courtesy & respect
- Listen to your teacher and to your classroom colleagues when they are speaking
- Follow all the instructions given by your teacher
- Make sure you bring all appropriate materials to class
- Be on time for all lessons and activities

The above etiquettes are aimed to establish a fair and equal classroom environment where everyone can participate without any fears.

CLASSROOM AKHLAQ

- Each week you are expected to bring: your manual; pens; pencils; rulers and erasers
- An Islamic dress code should be observed by all [see below]
- Food, drink, chewing gum etc are only to be consumed during break time.
- Classrooms must be left as clean as they were at the beginning of the day
- Valuable items (mobile phones, iPods etc) are to be kept switched off and stored at the bottom of your bag. All items are brought in at your own risk. Confiscated items can only be collected by parents/guardians from the Madressa office.

The Madressa fully expects all its students to ensure that these rules are observed at all times and in all situations.

What is the Islamic dress code for the Madressa?

Girls: Loose abaya, head scarf covering the neck part with no make up or nail varnish and minimal or discrete jewellery.

Boys: No shorts, jewellery (i.e. Earrings) or hats (aside from Muslim prayer hats) / hoods.
“There is no personal merit more useful than good manners”

[Imam Ali (as): Bihar al-Anwar]

**UNACCEPTABLE AKHLAQ IS AS FOLLOWS:**

- Stealing
- Running in corridors or between classrooms
- Shouting
- Possessing an offensive weapon
- Swearing
- Damaging property
- Bullying [see below]
- Selling goods
- Smoking
- Possessing, distributing or using illegal drugs

**BULLYING IS:**

- **UNACCEPTABLE**
  - ANY ACTION that which HURTS or THREATENS another person physically, mentally or emotionally
  - being UNFRIENDLY, EXCLUDING PEOPLE or TEASING
  - PUSHING, HITTING, NAME CALLING or SPREADING RUMOURS
  - MISUSING THE INTERNET, EMAILS, SMS, MEDIA MESSAGING, SOCIAL MEDIA or any other electronic interface

**WHAT TO DO IF YOU ARE OR YOU KNOW SOMEONE WHO IS BEING BULLIED:**

You **must always** speak to an adult – either a teacher, parent or member of the Madressa administration, who **will be willing to help.**

Know that any bullying incident is treated in the strictest of **confidence** and will be dealt with both **quickly** and **appropriately.**
“He who travels in the search of knowledge, to him God shows the way of Paradise.”
Holy Prophet Muhammad (SAW)

Remember that it is every Muslim’s duty to gain knowledge and learn as much as you can!

**Knowledge** is what we learn and then apply in our life every day. You can learn new things at home from your parents, at the Mosque, in Madressa, at school, and many other places. We will concentrate on learning in Madressa. There are some important things you must do when you are intending on learning something:

1. Say Bismillahir Rahmaanir Raheem before you start your lesson

    بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ

    *In the name of Allah, the Most Kind, the Most Merciful*

2. Sit up straight in your chair and prepared for the lesson
3. Don’t talk while the teacher is talking
4. Listen to the teacher and your classmates carefully

**Always remember to start with the following Du’a:**

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ

*In the name of Allah, the Most Kind, the Most Merciful*

رَبّ زِدْنِي عِلْمًا وَزَرَقْنِي فَاهْمًا

*O Lord, Increase my Knowledge, And Increase my Understanding*
USEFUL RESOURCES

S I Madressa | www.madressa.net
Have you visited your Madressa website? It is still being updated but will soon contain lots of great videos including movies about Prophet Sulayman (as), Prophet Yusuf (as) and Bibi Maryam (as). Make sure you visit www.madressa.net! Did you know that on the Madressa website, in the Creative Resources section there are lots of games and puzzles for you to play and enjoy at home with your parents, brothers & sisters, other relatives or friends. Make sure you check these, it’s great fun for the holidays!

Quran Explorer | www.quranexplorer.com
Isn’t the Holy Qur’an wonderfully peaceful to listen to? Well you can enjoy listening to the Qur’an online along with the English translation by going to the following website www.quranexplorer.com. There are also many different reciters to choose from like Mishari Rashid Al-Afasy, Abdul Basit, Saad al-Ghamdhi and many many others!

The Official Website of Syed Ali al-Sistani | www.sistani.org
Our Marja’, Syed Ali al-Sistani (may Allah [swt] prolong his life) has his own website which contains both Islamic Laws (book of Fiqh rules) and a Question and Answer section. Visit his website at www.sistani.org.

Al-Islam AhlulBayt Digital Islamic Library Project | www.al-islam.org
Have you ever thought that you just don’t know enough about your religion? Well there is a massive resource bank which holds lots of information about Islam and also contains audio / video lectures. Visit www.al-islam.org and learn about Islam to your hearts content

Who is Hussain? | www.whoishussain.org
Do you really know Imam Hussain [A]? Do you know why Imam (as) took a stand about Yazid (LA)? Why are we still crying for Imam Hussain (as) today more than 1400 years after his martyrdom and why is it so important that we remember him every single year? Well, you can find the answer to all these questions and more here at www.whoishussain.org
This is a space for you to write down your homework that is given by your class teacher. It is important that you make a note of all the details which your teacher provides so that you can complete the work at home in your own time.

If you have any queries when you are completing your homework, please contact either your teacher or you can email the Madressa (admin@madressa.net) and we can forward your email to your class teacher.

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This is a space for your **parents to write down** if you will be leaving Madressa early. The note must be signed and dated by your parents. Your parents must then come to the reception area at the entrance of the school where an administrative member will then go collect the student from their respective classes.

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LEAVING EARLY RECORD FORM

DATE: Sunday _DD_ - _MM_ - _YYYY_

MY CHILD WILL BE LEAVING THE MADRESSA TODAY AT: _____ : _____ AM / PM   (CIRCLE RELEVANT)

REASON: ______________________________________________________________
______________________________________________________________

PARENT SIGNATURE: ___________________________  ADMIN SIGNATURE: ___________________________

DATE: Sunday _DD_ - _MM_ - _YYYY_

MY CHILD WILL BE LEAVING THE MADRESSA TODAY AT: _____ : _____ AM / PM   (CIRCLE RELEVANT)

REASON: ______________________________________________________________
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PARENT SIGNATURE: ___________________________  ADMIN SIGNATURE: ___________________________

DATE: Sunday _DD_ - _MM_ - _YYYY_

MY CHILD WILL BE LEAVING THE MADRESSA TODAY AT: _____ : _____ AM / PM   (CIRCLE RELEVANT)

REASON: ______________________________________________________________
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REASON: ______________________________________________________________
______________________________________________________________

PARENT SIGNATURE: ___________________________  ADMIN SIGNATURE: ___________________________

DATE: Sunday _DD_ - _MM_ - _YYYY_

MY CHILD WILL BE LEAVING THE MADRESSA TODAY AT: _____ : _____ AM / PM   (CIRCLE RELEVANT)

REASON: ______________________________________________________________
______________________________________________________________

PARENT SIGNATURE: ___________________________  ADMIN SIGNATURE: ___________________________

DATE: Sunday _DD_ - _MM_ - _YYYY_

MY CHILD WILL BE LEAVING THE MADRESSA TODAY AT: _____ : _____ AM / PM   (CIRCLE RELEVANT)

REASON: ______________________________________________________________
______________________________________________________________

PARENT SIGNATURE: ___________________________  ADMIN SIGNATURE: ___________________________
The Madressa Syllabus has been divided by four key subjects, each colour coded for ease of reference:

‘AQĀ’ID - BELIEFS
FIQH - ISLAMIC LAW
AKHLĀQ - MORALS AND ETHICS
TĀRĪKH - HISTORY

For Classes 1-3, lessons are ordered to link to previous lessons and to provide a flow in learning.

For Classes 4-10, lessons in the manual have been categorised in 3 major categories; combining Akhlaq and Tarih together as ‘Morals, Ethics & History’. Here, lessons of Tarih have been arranged linking to a subject in Akhlaq that shares a common theme or is a lesson from the Tarih subject.

Within each lesson, you will see clear titles and subtitles as well as the use of symbols and colour coded boxes representing different features of the lesson. Below you will find a summary.

In some places you may also see ‘Du’a boxes that highlight a key ‘Du’a related to the lesson.

We have also easily identified Qur’anic verses and Hadith by the following symbols:

anneer verse

Hadith
LEARNING OBJECTIVES

The learning objectives have been clearly identified at the beginning of every lesson.

MY NOTES

A section for notes has been provided where there is place, for students to jot down their own notes for the lesson.

DID YOU KNOW?

This box contains interesting facts related to the lesson.

KEY POINTS

At the end of every lesson, a summary of the key points helps with revision and summarising the lesson.

ACTIVITY

Every lesson has an activity which students can conduct in the classroom to make the lesson fun, exciting and memorable.

IN SUMMARY

This box contains questions which enable the student work out how much of the lesson they have understood.

INTRODUCTION
Dear Parents,

By the Grace of Allāh [SWT] we have been fortunate enough to re-produce our manuals for Classes 1-4 with more refined content and design.

There are several new concepts introduced in the manuals which we would like to further explain. The table of Contents outlines the subjects as they will be taught, linking to each other. The different colours represent different subjects.

From class 4 onwards, ʿAqāʾid is introduced to the students; outlining our core beliefs and better understanding them as is our duty. For Tarikh and Akhlaq, you will see that we have worked to link these subjects to be taught hand in hand so that students can see how history plays a vital role in shaping our morals and ethics.

<table>
<thead>
<tr>
<th>ʿAQĀʾID</th>
<th>FIQH</th>
<th>TĀRĪKH</th>
<th>AKHLĀQ</th>
</tr>
</thead>
</table>

There are several sections under one subject, allowing teachers and students to learn at a steady pace, and not necessarily all in one go. For example, the Kalimah is split into 6 sections, as ideally, the lesson is taught one line at a time, giving students the time to memorise what they have learnt, at home.

In addition, there are also ‘Lessons at Home’ boxes, encouraging interaction with parents through the lessons. We hope parents can take this addition and work with their child(ren) at home to keep the learning consistent.

This is a milestone in SIM History as we branch beyond basic concepts to teach our students the fundamentals of Islam and help, hand in hand with parents and students, to establish a firm foundation for our future generation.

It is with your continuous support that we hope to see this new format as a success.

With Du’as
SI Madressa Administration
# TABLE OF CONTENTS

## 'AQĀ'ID (BELIEFS)

1. ISLAM AND MUSLIMS .................................................................................................................. PG 4  
2. FOUNDATIONAL TEACHINGS OF ISLAM .................................................................................. PG 8  
3. ISLAMIC TERMINOLOGY ........................................................................................................... PG 12  
4. THE KALIMAH .......................................................................................................................... PG 18  
5. INTRODUCTION TO THE UŞUL AL-DĪN (PART 1) ................................................................. PG 21  
6. INTRODUCTION TO THE UŞUL AL-DĪN (PART 2) ................................................................. PG 25  

## FIQH (ISLAMIC LAWS)

1. TAHĀRAH .................................................................................................................................. PG 30  
2. TOILET ETIQUETTE .................................................................................................................... PG 32  
3. FURŪ’ AL-DĪN ............................................................................................................................. PG 34  
4. ŠALĀH 1: INTRODUCTION .......................................................................................................... PG 36  
5. ŠALĀH 2: PREREQUISITES OF PRAYER ................................................................................... PG 38  
6. ŠALĀH 3: TIME OF ŠALĀH ......................................................................................................... PG 40  
7. TAQLĪD (PART 1) ....................................................................................................................... PG 42  
8. TAQLĪD (PART 2) ....................................................................................................................... PG 44  

## TĀRKIH & AKHLĀQ (MORALS, ETHICS, AND HISTORY)

1. QĪṢAṢ AL-ANBIYĀ’ - THE UNIVERSE ....................................................................................... PG 48  
   AKHLAQ LINK: ISLAM AND THE ENVIRONMENT ................................................................PG 50  
2. QĪṢAṢ AL-ANBIYĀ’ - CREATION OF ĀDAM (A) ..................................................................... PG 52  
   ‘AQĀ’ID LINK: PROPHETS AND MESSENGERS OF GOD ..................................................... PG 54  
3. QĪṢAṢ AL-ANBIYĀ’ - HĀＢİL AND QĀＢİL ............................................................................ PG 58  
   AKHLAQ LINK: JEALOUSY ........................................................................................................ PG 60  
4. QĪṢAṢ AL-ANBIYĀ’ - NABI NŪH (A) ......................................................................................... PG 62  
   AKHLAQ LINK: ADAB OF TRAVELLING .................................................................................. PG 64  
5. QĪṢAṢ AL-ANBIYĀ’ - NABI ĮBRĀHĪM (A) ............................................................................... PG 66  
   AKHLAQ LINK: FRIENDSHIP .................................................................................................. PG 68  
6. PLACES OF INTEREST - ARABIA BEFORE ISLAM ................................................................. PG 70  
   AKHLAQ LINK: ISRAF (EXTRAVAGENCE) ............................................................................. PG 72  
7. BIRTH AND CHILDHOOD OF RASŪL ALLĀH (S) ................................................................. PG 74  
   AKHLAQ LINK: RESPECT FOR ELDERS .................................................................................. PG 76  
8. THE MA’ŞŪMĪN (A) .................................................................................................................... PG 78  
   AKHLAQ LINK: RESPECT FOR TEACHERS ............................................................................. PG 80  
9. ANCESTORS OF RASŪL ALLĀH (S) (PART 1) ......................................................................... PG 82  
   AKHLAQ LINK: HELPING OTHERS ........................................................................................ PG 84  
10. ANCESTORS OF RASŪL ALLĀH (S) (PART 2) ........................................................................ PG 86  
    AKHLAQ LINK: SLANDER ......................................................................................................... PG 88  
11. TĀRKIH AND THE QU'RĀN ..................................................................................................... PG 90  
    AKHLAQ LINK: ADAB OF TALKING .................................................................................... PG 92  
12. PAVING THE WAY: KNOWING OUR IMĀM ............................................................................ PG 94  
    AKHLAQ LINK: HAPPINESS .................................................................................................. PG 96  
13. AKHLAQ: A MUSLIM’S HOME .............................................................................................. PG 98  
14. AKHLAQ: CLEANLINESS AND BATHROOM ETIQUETTE .................................................. PG 100  
15. AKHLAQ: ADAB OF EATING .................................................................................................. PG 104  
16. AKHLAQ: ADAB OF SLEEPING ............................................................................................. PG 106  
17. AKHLAQ: ADAB OF DRESSING ............................................................................................. PG 108  
18. AKHLAQ: KINDNESS ............................................................................................................. PG 110  
19. AKHLAQ: KIDHB - THE EVILS OF LYING ........................................................................... PG 112
Dear Allāh [SWT]

Whatever I learn today,
Please let it help me in my life.

Please let me understand this wonderful knowledge the way Your prophets understood it.
And give me an excellent memory like you gave them.

Let my tongue always be filled with Your remembrance and my heart with Your love.

Please help me prepare myself with all that I learn so that when the 12th Imam [A] comes, he will pick me to help him.

With love, your Class 4 Student

Dear Allāh [SWT]

I have worked hard today to learn new things,
Please help me remember them.

When I have to answer questions or share my knowledge please bring it back to me.

You are my Protector, You are my Guide.

With love, your Class 4 Student
What is ‘Aqā’id?

‘Aqā’id (Theology) is a study of the roots of religion (Uṣūl al-Dīn). It is an extremely important subject because it deals with the very foundation of faith in Allāh (SWT) and Islam.

The Uṣūl al-Dīn comprise of 5 basic principles:

1) Tawḥīd (Divine Unity)
2) ‘Adālah (Divine Justice)
3) Nubuwwah (Prophethood)
4) Imāmah (Divine Leadership after the Prophet (S))
5) Qiyāmah (Resurrection)

Why Study ‘Aqā’id?

The study of ‘Aqā’id shapes our understanding of Allāh (SWT) and Islam. It addresses important issues such as the existence and nature of God, the need for religion and the purpose of our life. An in depth understanding of these issues is absolutely necessary, because without that, our actions would not have much significance.

Dear Lord,

Guide us in understanding the roots of our religion so that we may better understand Your existence, and understand the purpose of our religion and to live by its morals and values.
WHAT IS ISLAM?

The word “Islam” originates from al-silm, meaning “submission” or “surrender”. Another origin of the word “Islam” is al-salām, meaning “peace”. Therefore, Islam can be described as the peaceful submission to Allāh (SWT). So a Muslim is a person who peacefully submits completely to the will of Allāh (SWT) and does only what Allāh (SWT) wants him or her to do.

Islam is one of the monotheistic religions, meaning that Muslims worship only one God.

Islam teaches that Allāh (SWT) created everything and that humans are the best of His creation. He communicates by inspiring them towards goodness and by sending prophets who deliver His message. Muslims believe that the first prophet was Ādam (A), who was followed by a long chain of prophets to guide humanity.

Islam has the second largest following in the world today. In fact, about 1 out of every 5 people in the world is a Muslim. However, Islam is also one of the most misunderstood religions. It is therefore important that Muslims understand the true nature and teachings of their great religion, so that they can become good ambassadors of Islam.

Imām al-Bāqir (A):

"Islam has been founded on five pillars: the establishment of prayer, the giving of the alms-tax (zakāt), the fasts of the month of Ramadān, the pilgrimage to the Sacred House (Masjid al-Ḥarām), and the belief in our guardianship (wilāyah), the Ahl al-Bayt."

A MUSLIM’S BELIEF IN ALLĀH (SWT) IS SEEN IN HIS/HER ACTIONS

All Muslims are supposed to be loving and caring towards each other, because they share a special bond of brotherhood/sisterhood through their common faith in Allāh (SWT) and the Holy Prophet (S). In the Qurʾān, Allāh (SWT) says:

إِنَّمَا الْمُؤْمِنُونَ إِخْوَةٌ فَأَصْلِحُوا بَيْنَ أَخَوِيْكُمْ وَاتْقُوا اللَّهَ لَعَلَّكُمْ تَتَّقَحَّمُونَ

The believers are brothers, so make peace between your two brothers and be mindful of Allāh, so that you may be given mercy. [49:10]
Due to this special brotherhood/sisterhood between each other, true Muslims are always concerned about each other like they are concerned about their own family members and always look out for the needs of each other. The Holy Prophet (S) has said:

"He who wakes up in the morning and is not concerned about the situation of fellow Muslims is not a Muslim."

Faithful Muslims are aware that Allāh (SWT) is always watching them, which stops them from harming anyone else by saying bad things or by physically hurting others. The Holy Prophet (S) has said:

"Islam is that you submit your heart (to Allāh), and that all Muslims feel safe from your tongue and your hand."

Muslims also believe that all human beings should be respected, even if they are not Muslims, because everyone has been created by Allāh (SWT) and He has given all human beings a special status:

وَلَقَدْ كَرَمْنَا بَنِي آدَمَ

And surely We have honoured the children of Ādam...[17:70]

Imām ʿAlī (A) has beautifully said that any human being is "either your brother in faith or your equal in humanity."

**ISLAM AND THE QUR’ĀN**

The Qurʾān is the word of Allāh (SWT) revealed to the Holy Prophet Muḥammad (S). Within it, many other prophets are mentioned like Nūḥ, Ibrāhim, Ismāʿīl, Mūsā, ʿIsā, Yaʿqūb and Yūsūf, peace be upon them all. All the prophets brought the same message and taught us to believe in Allāh (SWT), be good in this world and prepare for our true and eternal lives in the Hereafter.
Q: If all the prophets taught Islam, why do we have so many different religions today?

We do not make a distinction between any of the (prophets).

It is to Him that we submit ourselves. [3:84]

DID YOU KNOW?

Muslims live in all parts of the world, from Argentina to China, Russia to South Africa. Indonesia has the largest Muslim population in the world.

Muslims in the UK live in one of the most culturally diverse countries in the world. Given the different backgrounds that we all come from, there is a great need for understanding and respect for one another.

KEY POINTS

1. The word “Islam” originates from the word “al-silm”, meaning “submission”. It also comes from the word “al-salām”, meaning “peace”. A Muslim is one who peacefully surrenders to the will of Allāh (SWT).

2. Allāh sent prophets to guide mankind. All Prophets taught the same message.

3. All Muslim have common beliefs regarding Tawḥīd, Nubuwwah and Qiyāmah.

4. Shi‘ah Muslims also give special importance to ’Adālah and Imāmah.

IN SUMMARY

1. What is the meaning of the word “Islam”?

2. What are the three basic beliefs of every Muslim?

3. What is the main difference between Shi‘ah and Sunni Muslims?
WORD BANK

1. ALSALAM
2. PRAYER
3. ALSILM
4. QURAN
5. BROTHERHOOD
6. SISTERHOOD
7. ISLAM
8. SUBMISSION
9. PEACE
10. ZAKAT
WHAT DOES ISLAM TEACH?

Imām ʿAlī (A) once famously said:
"May Allāh have mercy on the person who has knowledge of where he came from, where he is now, and where he is going."

We have been created by Allāh (SWT)

Allāh (SWT) is Needless of everyone. However, He created us out of His Mercy, so that we can strive to become good human beings in this world and earn Jannah as a result. This life that we have been given is our greatest gift and we must use this gift in the best way.

Each of us has been created pure and sinless, so that we have the best chance to reach closeness to Allāh (SWT). We are all accountable for our own deeds. No one can take on the responsibility for the sins of other people:

אַלָּ תִּזְרُ וָאֶזְרִי וָאֶזְרִי אֲחִי
No soul shall bear the burden of another [53:38]

Our Imāms (A) have taught us that when we are born, our hearts are bright and pure. However, every time we commit a sin, a dark spot appears in our hearts. As for those of us who are not careful and do not guard themselves against sins, after a while, their hearts become fully covered with dark spots, such that they cannot ever come back to the right path.

For this reason, whenever we commit a sin, we must quickly seek forgiveness from Allāh (SWT) and beg Him to remove the effects of the sin from our heart. He is the most Kind and Merciful and quickly forgives those who repent sincerely.

We have been created with a purpose

Allāh (SWT) has told us in the Qurʾān that He has created us to worship Him:

وَمَا خَلَقْتَ الْجِنَّ وَالْإِنسَ إِلَّا لِيُعْبَدُونِ
And I have not created the jinn and the men except that they should worship Me. [51:56]

However, our Imāms (A) have taught us that the worth of our worship of Allāh (SWT) is based upon the extent of our true knowledge (maʿrifah) of Him. True knowledge of Allāh (SWT) is gained by purifying ourselves spiritually and following the example of the Maʿṣūmīn (A).

The Holy Prophet (S) is the closest creation to Allāh (SWT) and had the greatest...
level of knowledge regarding Him. For this reason, the worth of his worship was far greater than anyone else’s worship. We refer to him as the ‘abd of Allāh (SWT), meaning the true servant of Allāh (SWT).

**This world is temporary**

We will all die one day and move on to the Hereafter, where we will be judged for our actions. A person whose scale of good deeds is heavier will enter Jannah, whilst the person whose scale of bad deeds is heavier will go to Jahannam, before being able to enter Jannah. Only the very evil people will be condemned to hell for eternity.

Did you imagine that We created you without any purpose, and that you will not be brought back to Us? [23:115]

**THE DIFFERENT GROUPS OF MUSLIMS**

Islam has two major sects - the Shī‘ahs and the Sunnīs. The Sunnī Muslims believe that Allāh (SWT) has not appointed anybody to succeed the Holy Prophet (S). They accept Abū Bakr as the first caliph (leader) of the Muslim community after the death of Holy Prophet (S).

The Shī‘ahs believe that Allāh (SWT) has appointed the A’immah (A) (plural of Imām) as the successors of the Holy Prophet (S). Belief in the A’immah (A) is an important part of our faith. This is why Imāmah is one of the Uṣūl al-Dīn.

When the Holy Prophet (S) was returning from his farewell Ḥajj, Allāh (SWT) commanded him to announce to the Muslims that Imām ʿAlī (A) was his successor. Imām ʿAlī (A) is therefore the 1st Imām. The 12th and last Imām is Imām al-Mahdī (A). He is still alive and is in occultation (ghaybah).

Q: Do you remember the names of the 12 A’immah (A)?

Apart from this difference, the Shī‘ahs and the Sunnīs have a lot in common. Both the Sunnīs and the Shī‘ahs are united in their major beliefs: they believe in the same God - Allāh (SWT), the same Book (the Holy Qur’ān), the same prophets (anbiyā’) and pray in the same direction (toward the Ka’bah) 5 times a day.
There are also sub-divisions within both the Shī’ah and Sunnī sects, with small differences between them.

**DO YOU REMEMBER?**

Allāh (SWT) instructed the Holy Prophet (S) to appoint Imām ʿAlī (A) as his successor at Ghadīr Khumm in 9AH.

---

**DID YOU KNOW?**

Muslims have contributed to society in many ways. The first university in the world was established by Muslims in Cairo, Egypt. Many important achievements such as the Arabic numerals, algebra, the first map of the globe and navigational maps, were developed by Muslims and adopted by the Medieval Europeans.

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**KEY POINTS**

1. Islam teaches that Allāh (SWT) created everything.

2. Human beings are born pure and sinless.

3. Humans have been created for a purpose in this temporary world, as we prepare for our true home in the Hereafter.

4. There are two major sects within Islam, the Shī’ahs and the Sunnīs. Both groups have many sub-divisions.

---

**IN SUMMARY**

1. What are the three basic beliefs of every Muslim?

2. What is the main difference between Shī’ah and Sunnī Muslims?
ACROSS
2. No soul shall bear the _______ of another.
3. This world is __________.
8. People whose scales of bad deeds is heavier will enter ________.
9. _________ is one of the Uṣūl al-Dīn.

DOWN
1. We have been created with a ________.
4. We have been created by _____.
5. ________ Muslims believe that Imam ’Alī (AS) is the successor of the Holy Prophet (S).
6. ________ Muslims accept Abū Bakr as the first caliph.
7. Our purpose is to ________ Allāh (SWT).
8. People whose scales of good deeds is heavier will enter ________.
A Muslim is someone who surrenders to the will of Allāh (SWT) by following the Qurʾān and the teachings of the Holy Prophet (S). A Muslim therefore devotes his life to the service of Allāh (SWT). Muslims also believe in the accountability of their deeds on the Day of Judgement.

All a person has to do to become a Muslim is to say the shahādah:

أَشْهَدُ أَن لَا إِلَهَ إِلَّا الله وَ أَشْهَدُ أَن مُّحَمَّدًا رَسُولُ الله

I bear witness that there is no god but Allāh. And I bear witness that Muḥammad is the Messenger of Allāh.

Islam means submission or surrender and a Muslim is one who submits or surrenders to the will of Allāh (SWT). This is the essence of religion:

إِنم الدِهينَ عِندَ اللَّمِ الِْْسْلََمُ

Surely the (true) religion with Allāh is Islam [3:19]

The Holy Prophet (S) was the most submissive human being to the will of Allāh (SWT):

قُلْ إِنم صَلََتِِ وَنُسُكِي وَمَُْيَايَ وَمَََاتِِ للَِّمِ رَبِه الْعَالَمِيَْ

Say, 'My prayers and sacrifice, my life and death, are all for Allāh, Lord of the Worlds;

لََ شَرِيكَ لَهُ ۚ وَبِذَٰلِكَ أُمِرْتُ وَأَنََ أَوملُ الْمُسْلِمِيَْ

He has no partner. This is what I am commanded, and I am the foremost of those who submit themselves (to Allāh). [6:162-3]

A female Muslim is called a Muslimah and the plural of Muslim is Muslimūn or Muslimīn.

A Muʾmin has a higher level of faith compared to a Muslim. The word Muʾmin, meaning "believer", comes from the word āmīn, meaning "faith". A female believer is a Muʾminah and the plural of Muʾmin is Muʾminūn or Muʾminīn.
Allāh (SWT) describes a Muʾmin is sūrat al-Muʾminūn (The Believers) as follows:

قَدْ أَفْلَحَ الْمُؤْمِنُونَ
Successful indeed are the believers,
الَّذِينَ هُمْ فِ صَلاَتِهِمْ خَاشِعُونَ
who are humble in their prayers,
وَالَّذِينَ هُمْ عَنْ الْلُّغَاتِ مُعْرِضُونَ
and who keep away from what is vain,
وَالَّذِينَ هُمْ لِلْزَكَاةِ فَاعِلُونَ
And who give zakāt [23:1-4]

In one of his sermons, the Holy Prophet (S) describes the believer as follows:

“Blessed is he who earns his living through lawful ways, and he whose inward status is good and outward is decent; he spends his surplus wealth in charity; abstains from excessive talking; people remain safe of (any) evil from him; he treats others with justice. Surely whoever believes in Allāh (SWT) fears Him, and whoever fears Allāh (SWT) guards himself against the evils of this world.”

Not every Muslim is also a Muʾmin. Only those Muslims who truly believe in and love Allāh (SWT), His Messenger (S) and His Ahl al-Bayt (A) and also act according to what they believe, can qualify to become true believers (Muʾminīn).
Some people once came to the Holy Prophet (S) and said that they were Mu’minīn. The Holy Prophet (S) told them not to call themselves believers, but to call themselves Muslims, because they had not yet reached the level of being believers:

قَالَتِ الَّذِينَ أَعْرَبُوا عَنْ أَمَانَةٍ ﺇِنٌّ فَلَمْ تُؤْمِنُوا وَلَكِنْ قُولُوا أَسْلَمْنَا وَلَمَا يَدْخُلَنَّ إِلَى قُلُوبِكُمْ إِنَّ اللَّهَ غَفُورٌ رَحِيمٌ

The desert Arabs say, 'We have faith.' [Prophet], tell them, 'You do not have faith. What you should say instead is, "We have submitted," for faith has not yet reached your hearts.' If you obey God and His Messenger, He will not diminish any of your deeds: He is most forgiving and most merciful. [49:14]

A Mushrik is a person who believes in any god besides Allāh (SWT). Such belief is called polytheism (shirk), and is considered the greatest sin in Islam. A female Mushrik is called a Mushrikah and the plural of Mushrik is Mushrikūn or Mushrikīn.

Imām al-Ṣādiq (A): “The greatest of the Greater Sins is to attribute partners to Allāh (SWT).”

There are several verses in the Qur’ān which instruct us to keep away from shirk, such as:

واعْبُدُوا اللَّهَ وَلََ تُشْرِكُوا بِهِ شَيْئًا Worship Allāh; join nothing with Him. [4:36]

إِنَّ اللَّهَ لَا يُعْفَرُ أَن يُشَرِّكُوا بِهِ وَيُعْفَرُ مَا دُونَ ذَٰلِكَ لِمَن يَشَاءُ وَمَن يُشَرِّكُ بِاللَّهِ فَقَدْ افْتَرَى إِنَّا عَظِيمُمَا Allāh does not forgive the joining of partners to Him: anything less than that He forgives to whoever He will, but anyone who joins partners to Allāh has concocted a tremendous sin. [4:64]

A Munāfiq is a hypocrite. Such people do not believe in Allāh (SWT) and the Hereafter and see Islam and Muslims as their enemies. However, they pretend to be Muslims in front of other people. A female Munāfiq is called a Munāfiqah and the plural of Munāfiq is Munāfiqūn or Munāfiqīn.
Such a person is very dangerous, because Muslims consider him/her as one of their own, not knowing that in fact he/she is a hidden enemy within their ranks.

Regarding Mushrikūn, Allāh (SWT) says:

وَمِنَ النَّاسِ مَنْ يَقُولُ آمَنَا بِِللَّهِ وَبِِلْيَوْمِ الْْخِرِ وَمَا هُمْ بُِؤْمِنِيَْ

And there are some people who say: We believe in Allāh and the last day; and they are not at all believers [2:8]

بَشِهرِ الْمُنَافِقِيَْ بَِِنم لََُمْ عَذَابًِ أَلِيمًا

Announce to the hypocrites that they shall have a painful punishment. [4:138]

Imām ʿAlī (A) once said:

‘A Mu’min will never hate me even if I cut off his nose. And a Munāfiq will never love me even if I give him the whole world. This is because the Messenger of Allāh (S) promised me, “Oh ’Alī, a Mu’min can never hate you and a Munāfiq can never love you!”

That is why the Holy Prophet (S) gave Imām ʿAlī (A) the title Amīr al-Mu’mīnīn which means "The Commander of the Faithful".

Salmān, the famous companion of the Holy Prophet (S) said that whenever the Muslims wanted to know if a person was a Mu’min or a Munāfiq, they would praise Imām ʿAlī (A) in front of him and see his reaction. If he became happy, they knew he was a Mu’min and if he became angry, they knew he was a Munāfiq.

A Kāfir, meaning a "disbeliever", is a person who refuses to believe in Allāh (SWT) as the one and only God, despite knowing the truth regarding His existence. A female Kāfir is called a Kāfīrah and the plural of a Kāfir is Kāfīrūn, Kāfīrīn or even Kuffār.
Some people don’t believe in Allāh (SWT) because they have not come across Islam or have only been shown a very bad image of Islam. We cannot judge such people and Allāh (SWT) will decide about them in the Hereafter.

However, regarding those who despite knowing the truth turn away from Islam, Allāh (SWT) says:

إنَّ الَّذِينَ كَفَرُوا وَمَاتُوا وَهُمْ كُفَّارٌ أُولَٰئِكَ عَلَيْهِمْ لَعْنَةُ اللَّهِ وَالْمَلََائِكَةِ وَالنَّاسِ أَجَمَعُينَ

Surely those who disbelieve and die while they are disbelievers, these it is on whom is the curse of Allāh and the angels and all of mankind [2:161]

**DID YOU KNOW?**

Al-Mu’min is also one of the Beautiful Names of Allāh (SWT):

المؤمن

The Giver of Faith

**KEY POINTS**

1. A Muslim is someone who believes in Tawḥīd, Nubuwwah and Qiyāmah.
2. A Mu’min has a higher position than a Muslim.
3. A Mushrik is someone who believes in more than one God.
4. A Munāfiq is a hypocrite.
5. A Kāfir is someone who, despite knowing the truth, refuses to believe in God.

**IN SUMMARY**

1. Define the terms Muslim, Mu’min, Mushrik, Munāfiq and Kāfir.
2. What is the greatest sin in Islam?
3. What does Allāh (SWT)’s name al-Mu’min mean?
GUESS WHO?
Please provide the Arabic name for each of the questions below.

I am a person who believes in gods besides Allāh (SWT). Who am I?
________________________________________________________

I am someone who surrenders to the will of Allāh (SWT) by following the Qurʾān and the teachings of the Holy Prophet (S). Who am I?
________________________________________________________

I pretend to be a Muslim in front of other people but in reality I do not believe in Allāh (SWT) or in the Hereafter. Who am I?
________________________________________________________

I am a female believer who has a very high level of faith compared to other Muslims. Who am I?
________________________________________________________

I am a sūrah in which some of the characteristics of a believer are described. Which sūrah am I?
________________________________________________________

We are a group of people who refuse to believe in Allāh (SWT) as the one and only God, despite knowing the truth regarding His existence. Who are we?
________________________________________________________

I am considered one of the greatest sins in Islam. In English, I am known as polytheism. What am I called in Arabic?
________________________________________________________
WHAT IS THE KALIMAH?
The kalimah (or shahādah) is a Muslim’s declaration of faith. It is important to make this declaration in Arabic.

Whenever a person accepts Islam, they must pronounce the shahādah to declare their faith in Allāh (SWT) and His messenger (S).

We also recite different versions of the shahādah on many occasions to declare our faith:

- The shahādah is recited in every ṣalāḥ (in the tashahhud)
- It is recited in adhān and iqāmah
- It is also recited in ṣalāt al-mayyit and talqīn (at the time of burial of a Muslim)

The kalimah has three major components:

1. There is no god except Allāh (SWT)
2. Muḥammad (S) is the Messenger of Allāh (SWT)
3. Imām ʿAlī (A) is the successor of Holy Prophet (S)

Now try to memorise the kalimah as a class:

**THE KALIMAH**

LĀ ILĀHA ILLALLĀH
There is no god but Allāh

MUHMAD RASŪL ALLĀH
Muḥammad (S) is the Messenger of Allāh

ʿALĪ WALĪ ALLĀH
ʿAlī (A) is the wali of Allāh

The successor of the Messenger of Allāh and his vicegerent without any gap
WHY IS IMĀM ṬALĪ (A) THE WALĪ OF ALLĀH?

“Walī” means someone who holds authority over us. Allāh (SWT) says in the Holy Qur’ān:

إِنَّمَا وَلِيُّكُمُ اللَّهُ وَرَسُولُهُ وَالَّذِينَ آمَنُوا وَيَؤْتُونَ الزَّكَاةَ وَهُمْ رَاكِعُونَ

Verily, your walī (guardian) is (none else but) Allāh and His Messenger (Muḥammad) and those who believe: those who establish prayer and give zakāt, while they are in rukūʿ (in prayer) [5:55]

The above verse tells us that our guardians (wālī pl. awlāyā’) are:

1. Allāh (SWT)
2. The Holy Prophet (S)
3. Imām Ṭalī (A) - he gave zakāt whilst being in the state of rukūʿ.

This is why we refer to Imām Ali (a) as the walī of Allāh.

DID YOU KNOW?

One day Imām Ṭalī (A) was praying in the mosque when a beggar came asking for help, but nobody gave him anything. Imām Ṭalī (A) was in prayer in the state of rukūʿ during this time, but did not want the beggar to leave empty handed. He stretched out his arm so that the beggar could take his ring from his finger. Allāh then revealed the verse 5:55 declaring Imām Ṭalī (A) His walī.

IN SUMMARY

1. What does the kalimah mean?
2. When do we recite the kalimah?
3. What are the three major parts of the kalimah?
4. What does the word “walī” in the kalimah mean?
ACROSS
1. Imām ‘Alī (A) was in the state of __________ when he gave his ring to the beggar.
3. The ________ section of the kalimah focuses on Tawḥīd.
5. Imām ‘Alī (A) is addressed in the kalimah with this title.
7. This is when the shahādah is recited during ṣalāh.

DOWN
2. A Muslim's declaration of faith is called ____________________.
4. The __________ section of the kalimah focuses on the Prophethood of the Holy Prophet (S).
6. At the time of the burial of a Muslim, the shahādah is recited during the ____________.
THE ROOTS OF RELIGION

For a tree to be strong and healthy it needs strong roots. Islam is like a tree. And it has 5 strong roots. In Arabic, roots are called usūl and religion is called dīn. So the 5 roots of our religion are called Uṣūl al-Dīn (The Roots of Religion).

1. Tawḥīd—We believe that there is only one God
2. ʿAdālah—We believe that Allāh (SWT) is Just
3. Nubuwwah—Allāh (SWT) sent messengers to guide us
4. Imāmah—The Prophet Muhammad (S) was succeeded by the 12 Aʾimmah (plural of Imām) who continued guiding us
5. Qiyāmah—After the end of this world, there will be a final Day of Judgement (Yawm al-Qiyāmah). On this Day, Allāh (SWT) will bring everyone back to life and judge everyone based upon their good and bad actions. Those of us whose do good deeds outweigh their bad ones will then go to Paradise (Jannah) and live there forever. Those whose evil deeds outweigh their good ones will initially go to the Hellfire (Jahannam) before they can enter paradise. Those who are evil will remain in jahannam forever.

TAWḤĪD IN THE QURʾAN

Tawḥīd in sūrat al-Ikhlaṣ
Sūrat al-Ikhlaṣ is also known as sūrat al-Tawḥīd. This is because the concept of Tawḥīd is beautifully explained in this sūrah.

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ
In the name of Allāh, the Beneficent, the Merciful

قُلْ هُوَ اللَّهُ أَحَدٌ
Say, ‘He is Allāh, the One.
اللَّهُ الصَّمَدُ
Allāh is He on Whom all depend.
لَمْ يَلِدْ وَلَمْ يُولَدْ
He neither begot, nor was He begotten,
وَلَمْ يَكُن لِهَٰ لِكُفُوًا أَحَدٌ
and none is comparable to Him.’ [112:1-4]
The Qurʾān reminds us in several verses that there is only one God:

وَإِلََُٰكُمْ إِلَٰهٌ وَاحِدٌ لََ إِلَٰهَ إِلَم هُوَ الرمحَْٰنُ الرمحِيمُ

Your God is the one God: there is no god except Him, the Beneficent, the Merciful.
[2:163]

WHAT WOULD HAPPEN IF WE HAD MORE THAN ONE GOD?

لَوْ كَانَ فِيهِمَا آلََِةٌ إِلَم اللَّمُ لَفَسَدَتََ ۚ فَسُبْحَانَ اللَّمِ رَبهِ الْعَرْشِ عَمما يَصِفُونَ

If there had been in the heavens or earth any gods but Him, both heavens and earth would be in ruins! But glory be to Allāh, the Lord of the Throne: (High is He) above what they attribute to Him! [21:22]

‘ADāLAH IN THE QURʾĀN

We believe Allāh (SWT) is always Fair and Just. Allāh never does any wrong to anyone. Allāh (SWT) says in the Qurʾān:

إِنم اللَّمَ لََ يَظْلِمُ مِث ْقَالَ ذَرمةٍ وَإِنْ تَكُنْ حَسَنَةً يُضَاعِفْهَا وَيُؤْتِ مِنْ لَدُنْهُ أَجْرًا عَظِيمًا

Indeed Allāh does not wrong (anyone) (even to the extent of) an atom’s weight, and if (someone does) a good deed He doubles its reward, and gives from Himself a great reward. [4:40]
Allāh does not desire any wrong for the creatures. To Allāh belongs whatever is in the heavens and whatever is in the earth. [3:108-109]

Sometimes we see that Allāh (SWT) has given some people more than others:
- Some people are more intelligent than others.
- Some of us have more money than others.
- Some of us are stronger than others.

Q: If Allāh (SWT) is fair and Just, why does everyone not have the same amounts of everything?

The simple answer is that justice does not mean equality. Imagine that everyone was given the same skills, the same way of thinking and the same amount of money. We would not be able to help each other and learn from each other. We would also not have any special skills by means of which we could earn a living, because everyone else already has the same. Our progression as human beings would be very slow and life would be very boring.

Imagine a football team with 11 defenders, there would be no one to score goals!

However, because of our different skills, levels of intelligence and different ways of thinking, the world is an interesting place, where we are able to help each other with what we are good at and earn the pleasure of Allāh (SWT).

Justice and being fair means that Allāh (SWT) should test every individual according to what they were given and according to their individual ability and capacity. It is unfair for someone in Class 5 and someone in Class 10 to be given the same exam. However, it is fair and just for each of them to be given their own exam according to what each of them was taught.

If we had more than one God, there would be chaos and confusion.

Although Allāh (SWT) is Just (ʿĀdīl), he is also the most Kind and Merciful. We must always ask Him to judge us by His Mercy and not His Justice.

**DID YOU KNOW?**

We cannot do taqlīd (follow a mujtahid) in Uṣūl al-Dīn. Taqlīd is only allowed in Furūʿ al-Dīn.

**DUʿĀʾ**

This is a beautiful duʿāʾ we can recite in qunūt:

Allāh, judge us by Your Mercy and not by Your Justice!

**KEY POINTS**

1. There are 5 Uṣūl al-Dīn (Roots of Religion): Tawḥīd, ʿAdālah, Nubuwwah, Imāmah and Qiyāmah.
2. Sūrat al-Ikhlāṣ explains the meaning of Tawḥīd.
3. If we had more than one God, there would be chaos and confusion.
4. Although Allāh (SWT) is Just (ʿĀdīl), he is also the most Kind and Merciful. We must always ask Him to judge us by His Mercy and not His Justice.
WORD BANK

ADALAH                JUST                   ONENESS
ADIL                  LEADERSHIP             PROPHETHOOD
ANBIYA                MASUM                  QIYAMAH
DAY OF JUDGEMENT      MESSENGER             TAWHID
IMAMAH                NUBUWWAH              USULALDIN

‘AQĀ’ID
Allāh (SWT) sent 124,000 prophets to guide us. They all had the same overall mission, as explained in this verse of the Qurʾān:

وَلَقَدْ بَعُثَنَا فِي كُلِّ أمْرِ رَسُولًا أَنْ أُعْبُدُوا اللَّهَ وَاجْتَنِبُوا الطَّاغُوتَ

We sent a messenger to every community, saying, ‘Worship Allāh and keep away from false gods… [16:36]

All of the prophets and messengers were maʿṣūm, meaning that they did not commit any sins nor make any mistakes in their teachings. The last of the messengers was the Holy Prophet (S). The Qurʾān states that whatever he taught was from Allāh (SWT):

وَمَا يَنْطِقُ عَنْ الْحَوْلِ إِنْ هُوَ إِلَّا وَحْيٌ يُوحَى

And he does not speak out of (his own) desire, it is just a revelation that is revealed (to him) [53:3-4]

Prophets were given miracles so that they could convince people that they were speaking the truth. A miracle is called muʿjizah in Arabic. Muʿjizah literally means “that which people are unable to do”. Only a prophet, who has been specially chosen by Allāh (SWT), can perform a muʿjizah as a proof of his appointment by Allāh (SWT).

To convince people that a muʿjizah was genuine, Allāh (SWT) gave miracles to His representatives such that even the experts of the time could easily understand that it was impossible for a man to make up things by himself.

For example, in the days of Prophet Mūsā (A), the magicians were very powerful and advanced in their skills. They could make people believe that pieces of ropes were snakes. So Allāh (SWT) gave Prophet Mūsā (A) the ability to change his walking stick into a huge serpent that was real and could even swallow the sticks and ropes of the magicians.

IMĀMAH IN THE QURʾĀN

The Qurʾān indicates that on the Day of Judgment people will come in groups, and each group would have a leader (Imām):

يُؤْمَنُ نَذِعُوْنَ كُلَّ أَنَاسٍ بِإِيمَانِهِمْ

(Remember) the day when we will call every people with their Imām [17:71]
There are some Imāms who have been appointed by Allāh (SWT) as guides for mankind:

وَجَعَلْنَا مِنْهُمْ أَئِممةً يَهْدُونَ بَِِمْرِنََ لَمما صَبََُوا وَكَانُوا بِِيََتِنَا يُوقِنُونَ

And We appointed from among them Imams guiding by Our command, when they endured patiently, and were certain of Our signs. [32:24]

The Imām of our time appointed by Allāh (SWT) is Imām al-Mahdī (A). If we truly take him as our Imām by loving him and following him, we will be raised up on the Day of Judgement along with him and he will guide us to the way to Jannah.

However, if we don't follow him and instead take others as our Imāms by following and copying them instead, like celebrities who live immoral lives, on the Day of Judgement we will be raised up along with them and they will guide us to Hell:

وَجَعَلْنَاهُمْ أَئِممةً يَدْعُونَ إِلََ النمارِ ۚ وَيُومَ الْقِيَامَةِ لََ يُنصَرُونَ

And We made them Imams who call to the fire, and on the day of resurrection they shall not be assisted. [28:41]

Intelligent people will always choose to follow the true guides, because they know the way that will lead us to Jannah and happiness. They will never choose to follow people who themselves require others to guide them! Allāh (SWT) says in the Qur’ān:

أَفَمَن يُهْدِي إِلَٰ الَّذِي أَحْقَقَ أَن يَتَّبَعَ أَمَّن لَا يَهِدِي إِلَّا أَن يَهْدِىٰ فَمَا لَكُمْ كَيْفَ تََْكُمُونَ

Who is more worthy to be followed - He Who guides to the truth, or he who cannot find the right way unless others guide him to it? What is wrong with you? How ill do you judge! [10:35]
The Holy Prophet (S) has said:
"Whoever dies and does not recognise the (true) Imām of his time, dies the death of jāhiliyyah (the ignorant people living before Islam)."

**QIYĀMAH IN THE QURʾĀN**

The Qurʾān uses many different names referring to the resurrection:

> جَعَلَ الْيَوْمَ الْقِيَامَةَ مِنْ مَطْهَرٍ

So Allāh shall Judge between you on the **Day of Judgment** [4:141]

> يَوْمَ يََْمَعُكُمْ لِيَوْمِ الَْْمْعِ

When He gathers you for the **Day of Gathering, the Day of Mutual Neglect** [64:9]

Allāh (SWT) continuously reminds us of the reality of the Day of Judgement through His signs in this world. He instructs us to look at how He sends down rain which revives the earth after it has become totally dry, causing life and vegetation to once again flourish from within it. Human beings too will be brought back to life after their death in a similar way:

> وَاللَّمُ أَنزَلَ مِنَ السَّمَاءِ مَاءً فَأَحْيَا بِهِ الَْْرْضَ ب َعْدَ مَوْتَِِا

It is Allāh who sends water down from the sky and with it revives the earth when it is dead. Most surely there is a sign in this for people who listen. [16:65]

**IN SUMMARY**

1. Why do you think Allāh (SWT) uses many different names to refer to the resurrection in the Qurʾān?
2. Why were prophets granted miracles by Allāh (SWT)?
3. Why is it important to follow the right Imām?
ACROSS
3. All the prophets and messengers were __________.
4. "Whoever dies and does not recognise the (true) Imām of his time, dies the death of _________.
6. "that people are unable to do" [Hint: known as miracle in English].

DOWN
1. The Holy Prophet (S) does not speak out of his own __________.
2. ______________ means resurrection also known as the Day of Judgement.
3. The Imām of our time appointed by Allāh (SWT) is Imām al-____________ (A).
5. ‘(Remember) the day when we will call every people with their ___________. [17:71]
What is Fiqh?

Fiqh (Jurisprudence) is a study of the Branches of Religion (Furūʿ al-Dīn), unlike ʿAqāʾid (Theology), which is a study of the Roots of Religion (Uṣūl al-Dīn). It is an expansion of the Sharīʿah based on the Holy Qurʾān and the Sunnah of the Holy Prophet (S). Fiqh deals with the rulings pertaining to the observance of each of the 10 Furūʿ al-Dīn.

A person trained in Fiqh is known as a faqīh (pl. fuqahāʾ).

Why Study Fiqh?

The study of Fiqh is essential because it deals with the rulings pertaining to our daily acts of worship. Without knowing these rulings, we cannot perform our 'ibādāt (worship) correctly.

Dear Lord,

Guide us in understanding the laws and rulings you have placed within the fold of Islam, so that we may perfect our worship and reach nearer to You, with understanding.
In Islam, there is a difference between something that is unclean and something that is najis. Najis means “ritually unclean”. When our body or clothes become najis, they must be cleaned and made ṭāhir (ritually pure) again before we can perform acts of worship like ṣalāh.

For example, mud or dust or oil may look dirty or feel unclean, but they are not najis. That means if you, for example, have dust on your body or clothes, although it is better to remove it before praying, you can still pray without doing this because it not najis.

On the other hand, drops of blood may not seem “dirty”, but in Islam, it is considered najis or ritually unclean. If blood falls on your clothes, you must change your clothes or purify them from the blood before you can pray with them. Similarly, if there is blood on the body, it must be washed with enough water to purify the body. Simply wiping it with a tissue or cotton wool is not enough.

Likewise, there is a difference in Islam between something that is clean and something that is ṭāhir. Ṭāhir means “ritually pure”. If a glass of water has a drop of alcohol in it, although it may look clean, it is not ṭāhir. On the other hand, your shirt may have mud on it and may not look clean, yet it is still ṭāhir, because mud is not najis.

It is very important that we understand the difference between “ṭāhir and najis” in Islam and “clean and unclean” in the general sense.

Before we can pray, everything around us must be ṭāhir, such as the water we use for wudū’, the clothes we wear while praying and the place upon which we perform sajdah.

There are ten things that are najis by nature. They do not become ṭāhir, simply by washing them. Some of them can never become ṭāhir no matter what you do. These 10 things are called najis al-‘ayn (pl. najāsāt al-‘ayn).

Everything else in the world apart from these 10 things is ṭāhir (ritually pure). However, ṭāhir things can become najis if they come into contact with one of the 10 najāsāt al-‘ayn, and there is some wetness or dampness between them. If a thing that is ṭāhir becomes najis, it is called mutanajjis. Since the thing that is
There are 12 things that can make najis things ṭāhir. These are known as the muṭahhirāt. The most common of the muṭahhirāt is water.

DID YOU KNOW?

There are 12 things that can make najis things ṭāhir. These are known as the muṭahhirāt. The most common of the muṭahhirāt is water.

KEY POINTS

1. Things may be physically clean but ritually impure (najis).
2. Some things may appear physically dirty and yet be ritually pure (ṭāhir).
3. There are 10 things which are always najis and can never be made ṭāhir. They are known as najāsāt al-ʿayn.
4. A ṭāhir object can become najis if it comes into contact with a najis object, and there is wetness between them. It is called a mutanajjis, and can be made ṭāhir again.
5. Most najis things can be made ṭāhir using water.

IN SUMMARY

1. What is the difference between clean and ṭāhir?
2. What is the difference between dirty and najis?
3. What is the name given to an object which is always najis and can never be made ṭāhir?
4. What is a mutanajjis?
5. What is the main condition necessary for najāsah to transfer from one object to another?
6. How can you make your finger ṭāhir if there is blood on it?
Islam is a complete way of life. It teaches us how to behave in every aspect of our lives, including using the toilet!

**WHAT IS WĀJIB WHEN USING THE TOILET?**

It is wājib to hide our private parts from others at all times, even from our parents and siblings.

After using the toilet, we must wash ourselves with water at least twice (wājib) but preferably 3 times.

Most public places (such as schools, restaurants and shopping centres) do not have water containers. We should therefore take a disposable cup or water bottle with us so that we can fill it with water to wash ourselves after using the toilet.

If you do not have a cup or bottle, you can use tissue to clean and dry yourself, but when you go home, you will still need to wash yourself with water properly and change your underwear before you are ṭāhir again and can pray ṣalāh.

The rules of ṭahārah should always be kept in mind so that the clothes and body are not touched by urine or any najis al-ʿayn. If it is, it should be washed with water 3 times to clean it.

**WHAT ACTIONS ARE ḤARĀM WHEN USING THE TOILET?**

When using the toilet, it is ḥarām to face the qiblah or have your back facing it.

It is also ḥarām to relieve oneself on private property without the permission of the owner.

It is not permissible to relieve oneself in a place that would be disrespectful, such as:

- the compound of a masjid, church or other religious sites
- near graves
- on a path, alley or road where people usually walk
- in a public place where others may see you naked

**GROUP ACTIVITY**

In a small group, write down toilet manners that you can remember. Do you know which of these are wājib, mustahab, makruh and ḥarām?
Allāh (SWT) praised the people who built Masjid Qubāʾ by revealing the following verse:

“Therein are men who love to cleanse themselves; and Allāh loves those who cleanse themselves” [9:108]

When this verse was revealed, the Holy Prophet (S) asked the people of Qubāʾ: "What do you do when cleaning yourselves that Allāh has praised you for it?"

They said: "We cleanse ourselves with water after relieving ourselves.”

**WHAT IS CONSIDERED MAKRŪH WHEN USING THE TOILET?**

It is makrūh to relieve oneself under a tree. Most men’s public washrooms have standing urinals. We should not use urinals because urinating while standing is makrūh. Always sit and urinate. If it is a public place, you may have to wipe the seat and dry it with some tissue first.

When in the washroom, it is also makrūh to:
- talk
- read
- sit in the toilet for a long time unnecessarily

It is also makrūh to suppress your urge to urinate. In fact, if it is harmful to your health, then it becomes ḥarām to do so.

**WHAT ARE THE MUSTAḤAB ACTS WHEN VISITING THE TOILET?**

It is mustaḥab to remember Allāh (SWT) and thank Him for the healthy body he has given us, and the ability to remove waste from it. We should also ask Allāh (SWT) to help us purify our souls of spiritual filth just as He has helped us to purify our bodies.

It is also mustaḥab to:
- Enter the toilet with the left foot and exit with the right foot
- Urinate before doing wuḍūʾ for ṣalāh and before going to sleep

**IN SUMMARY**

1. Why does Islam have rules for even the most basic actions such as going to the toilet?
2. What actions are wājib and mustaḥab when going to the toilet?
3. What are the makrūh and ḥarām actions when going to the toilet?
WHAT IS FURŪʿ AL-DĪN?

Furūʿ al-Dīn are the branches of religion. They consist of 10 acts of worship (ʿibādāt) and are compulsory (wājib) on every Muslim when he/she becomes bāligh(ah).

The 10 Furūʿ al-Dīn are:

1. Šalāh - To pray five times a day.
2. Šawm - To fast in the month of Ramaḍān.
3. Ḥajj - To go on pilgrimage to Makkah.
4. Zakāh - Islamic tax on gold, silver, grains and livestock.
5. Khums - Islamic tax on savings.
6. Jihād - Fighting in the way of Allāh (SWT) to defend Islam.
7. Al-amr bī al-maʿrūf - Telling others to do good.
8. Al-nahy ʿan al-munkar - Forbidding others from doing evil.
9. Tawallā - Loving the Maʿṣūmīn (A) and their friends.
10. Tabarraʾ - Not befriending the enemies of the Maʿṣūmīn (A).

Uṣūl al-Dīn are the roots of religion whereas Furūʿ al-Dīn are the branches of religion. We study the Uṣūl al-Dīn in ʿAqāʾid.

SAWM - FASTING

Šawm is the Arabic word for fasting and it usually refers to fasting in the holy month of Ramaḍān.

Šawm means not eating or drinking from fajr until maghrib for the sake of Allāh (SWT) and to make Allāh (SWT) happy. When we fast, we are guests of Allāh (SWT) and we earn lots of thawāb (reward). Allāh (SWT) loves those who fast.

Šawm teaches us ṣabr (to be patient) and to think about the poor people who don't have enough to eat or drink.

We should try and fast as much as we can in the month of Ramaḍān so that when we grow up and become bāligh, we can fast the whole month easily.

Some of the reasons why fasting is important are:

• When we fast, Allāh (SWT) is happy with us, and we get closer to Him
• Fasting teaches us patience because we cannot eat or drink during the day
The Holy Prophet (S) gave a sermon before the holy month of Ramaḍān. This sermon has many important lessons for us. We should try to read it every year before the start of this Holy month. In one section of this sermon, he says:

Oh people! The gates of Paradise are open in this month, so ask your Lord not to close them. And the gates of the fire are closed, so ask your Lord not to open them.

Before we fast, we must make the niyyah for fasting. In the niyyah, we must specify the fast and why we are fasting (e.g. I am fasting in the month of Ramaḍān, qurbatan ilallāh (to get closer to Allāh (SWT)).

Q: What would your niyyah be if you were keeping a mustaḥab fast?

IN SUMMARY

1. What are the Furūʿ al-Dīn and how many acts do they consist of?
2. What is the meaning of Ṣawm?
3. Can you list some of the reasons why fasting is important?

DID YOU KNOW?

The Holy Prophet (S) gave a sermon before the holy month of Ramaḍān. This sermon has many important lessons for us. We should try to read it every year before the start of this Holy month. In one section of this sermon, he says: Oh people! The gates of Paradise are open in this month, so ask your Lord not to close them. And the gates of the fire are closed, so ask your Lord not to open them.

KEY POINTS

1. Furūʿ al-Dīn are the Branches of Religion. They are 10 in number.
2. Ṣalāḥ and ṣawm are 2 examples of the Furūʿ al-Dīn.
3. Ṣawm means fasting. It helps us to acquire taqwā (awareness of Allāh (SWT)’s continuous presence). It also teaches us patience and builds our willpower.
4. Before fasting, we must make the correct niyyah.
WHAT IS ṢALĀH?

Ṣalāh means prayers. It is the first and most important of the Furūʿ al-Dīn.

The Holy Prophet (S) has said: “Ṣalāh is a pillar of religion. If it is accepted, all your other good deeds will be accepted (by Allāh (SWT)). And if it is rejected, then everything else will also be rejected.”

Ṣalāh is the most important act of worship and it was the most beloved thing to the Holy Prophet (S). Ṣalāh is our way of talking to Allāh (SWT), our Creator.

Q: We talk to Allāh (SWT) through ṣalāh and duʿāʾ. How does Allāh (SWT) talk to us?

Ṣalāh is very important. When someone is praying, we should not make noise, disturb them or try and make them laugh. They are talking to Allāh (SWT) and we should not interfere. When we want to perform ṣalāh, we should find a quiet place where no one will disturb us. We should take the time to pray slowly and with concentration and not rush through it.

Allāh (SWT) says in the Holy Qurʾān:

حَافِظُوا عَلَى الصملَوَاتِ وَالصملََةِ الْوُسْطَىٰ وَ قُومُوا للَِّمِ قَانِتِيَْ

Be watchful over your prayers, especially the middle prayer, and stand in obedience before Allāh. [2:238]

A man once came to the mosque to pray. After prayers, he went to greet the Holy Prophet (S). The Holy Prophet (S) asked him to go and pray again as his prayer was not accepted. He told the man that a prayer without concentration has no value and is not accepted.

MUBṬILĀT OF ṢALĀH

There are 12 actions which break a ṣalāh (make it bāṭil). This means that our ṣalāh is not valid and we would have to repeat it.

- Laughing out loud (smiling does not break ṣalāh)
- Doing anything that breaks wuḍū’ (falling asleep, passing wind)
- Eating or drinking (chewing gum, keeping food in mouth)
- Folding arms intentionally
- Crying for worldly things
- Speaking intentionally
- Saying “āmīn” after sūrat al->Fātiḥah

ACTIVITY

Write down 5 things that can break the ṣalāh. You may do this in pairs.
In sūrat al-Mu’mīnūn, Allāh (SWT) describes the qualities of a Mu’mīn (a true believer). The first quality mentioned is humility during ṣalāh:

قَدْ أَفْلَحَ الْمُؤْمِنُونَ

Certainly, the true believers are successful المذِينَ هُمْ فِ صَلَتِ خَاشِعُون

Those who are humble in their prayers [23:1-2]

DID YOU KNOW?

In sūrat al-Mu’mīnūn, Allāh (SWT) describes the qualities of a Mu’mīn (a true believer). The first quality mentioned is humility during ṣalāh:

1. Ṣalāh is the most important act of worship and the pillar of faith. If it is accepted by Allāh (SWT), other deeds will also be accepted. If it is not accepted, other deeds will also not be accepted.
2. Before performing ṣalāh, it’s important to prepare properly. The preparation for ṣalāh is called muqaddimāt al-ṣalāh.
3. There are 12 things that make the ṣalāh bāṭil. These are called mubṭilāt al-ṣalāh.

Turning away from the Qiblah
Leaving out any wājib rukn of ṣalāh.
Any action that shows you are no longer praying (clapping, jumping, etc.)
Missing one of the muqaddimāt of ṣalāh (the prerequisites of ṣalāh)
Doubts occurring in the first 2 rak‘ahs of any wājib ṣalāh (about which rak‘ah you are in).

To break the ṣalāh without reason is a sin and is harām (e.g. answering the phone or talking to someone in the middle of the ṣalāh). However, in some cases, it is permitted and in fact wājib to break the ṣalāh. For example, if your life is in danger, you must stop your ṣalāh and save yourself. Similarly, if someone else is in danger, you must stop your ṣalāh and help them.

**KEY POINTS**

1. Ṣalāh is the most important act of worship and the pillar of faith. If it is accepted by Allāh (SWT), other deeds will also be accepted. If it is not accepted, other deeds will also not be accepted.
2. Before performing ṣalāh, it’s important to prepare properly. The preparation for ṣalāh is called muqaddimāt al-ṣalāh.
3. There are 12 things that make the ṣalāh bāṭil. These are called mubṭilāt al-ṣalāh.
Muqaddimāt al-ṣalāh refers to the “prerequisites of prayers”.

To prepare for ṣalāh, we must think of the following:

**Q**

**I**

**B**

**L**

**A**

**QIBLA**

Am I praying in the right direction?

**WUḌŪʾ**

Have I performed my ṻudūʾ correctly? Is it still valid?

**INTENTION**

Niyyah—Do I have the correct intention?

**PLACE**

Is this the right place for me to pray?

**TIME**

Am I praying at the right time?

**CLOTHES**

Are my clothes appropriate for ṣalāh?

**GROUP DISCUSSION**

Why is it so important to prepare for ṣalāh? How do we prepare for ṣalāh?
PLACE OF SALĀH

The following rules must be observed for the place of ṣalāh:

It must be ḥalāl (lawful) and not ghaṣbī - it must not be used without the owner’s permission. However if a person is confident that the owner will not mind, or if it is a public place like a hotel, airport or public park, then asking permission is not necessary.

It must not be in motion (e.g. on a train, boat, plane or car). If there is sufficient time, you should wait until you arrive at your destination and then perform your ṣalāh. If, however, the time of ṣalāh is coming to an end while still in motion, then it should be performed while travelling.

The place of ṣalāh must be flat and there should be enough room to perform all of the actions of ṣalāh. The place where the forehead is placed for sajdah must not be more than four fingers higher or lower than the place where the toes rest.

If there are men and women praying in the same room, women should not pray in front of men. However, if there is some sort of a partition in the room, such as a curtain, men can pray on one side of the partition and women on the other. The only place where a man is allowed to stand behind a woman in ṣalāh is in Makkah in Masjid al-Ḥarām around the Ka’bah.

The area where the forehead is placed for sajdah must be ṭāhir and not najis.

DID YOU KNOW?

The mosque is the best place to perform ṣalāh. Imam al-Ṣādiq (A) said:

“He who walks to the mosque to offer congregational prayers receives 70,000 rewards for every step he takes, and his rank is raised accordingly. This status continues even after his death, for Allāh appoints 70,000 angels to pray for him in his grave, give him good tidings, accompany him in his loneliness and plead for his forgiveness till he is raised (from the grave).”

KEY POINTS

1. The term muqaddimāt al-ṣalāh refers to the prerequisites of ṣalāh.
2. There are 6 important muqaddimāt al-ṣalāh: niyyah, wuḍū’, qiblah, time, place and the clothes of ṣalāh.
3. The place of ṣalāh must be ṭāhir, not ghaṣbī.
4. It should be flat and not in motion.
5. Generally, women should not offer their prayers in front of men in the prayer room.

IN SUMMARY

1. What does muqaddimāt al-ṣalāh mean?
2. What are the 6 muqaddimāt al-ṣalāh?
3. What are the basic conditions for place of ṣalāh?
It is extremely important to pray ṣalāh on time and not delay it without a good reason. The Holy Prophet (S) said that the person most liked by Allāh (SWT) is the one who always prays on time. He also said:

“My intercession (on the Day of Judgement) shall not reach those who delay ṣalāh after its time has arrived, and those who delay it until it becomes qaḍā”

Allāh (SWT) does not like those who take their ṣalāh lightly and do not pray on time. He says in the Qurʾān:

فَوَيْلٌ لِلْمُصَلهِيَْ المذِينَ هُمْ عَنْ صَلََتِِِِمْ سَاهُونَ

Woe to those who pray, but are heedless of their prayers (they don’t give importance to their ṣalāh) [107:4-5]

What does “being heedless of prayer” mean?

A person can only pray a wājib ṣalāh after they are sure that it is time to pray. If a person is in doubt (e.g. they don’t know the exact ṣalāh time), they should wait for a little while until they are sure the time has set in.

How can we find out the timings for daily prayers?

The wuḍū’ for a particular ṣalāh can only be done after its time has arrived. For example, the wuḍū’ for afternoon (zuhr) ṣalāh cannot be performed in the morning. However if a person wishes to do wuḍū’ before the time for ṣalāh (e.g. to do wuḍū’ at home before leaving for the masjid to pray ṣalāh), one can do wuḍū’ with the general niyyah of “qurban ilallāh”, without specifying which ṣalāh it is for and that would be fine.
TIMINGS FOR DAILY PRAYERS

<table>
<thead>
<tr>
<th>Şalāh</th>
<th>Starts</th>
<th>Ends</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fajr</td>
<td>Al-Šubh al-Šādiq (true dawn). This is the time when the first light appears at dawn</td>
<td>Sunrise</td>
</tr>
<tr>
<td>Şuhr</td>
<td>At midday (the time between sunrise and sunset)</td>
<td>Just before sunset when there is only enough time left for ‘aṣr prayers.</td>
</tr>
<tr>
<td>‘Aṣr</td>
<td>Just after midday as soon as enough time has passed for one to have prayed 4 raka‘āt of şalāt al-żuhr.</td>
<td>Sunset</td>
</tr>
<tr>
<td>Maghrib</td>
<td>A little after sunset, once the redness in the eastern sky has passed overhead.</td>
<td>Just before midnight when there is only enough time to pray the 4 raka‘āt of şalāt al-‘ishā’.</td>
</tr>
<tr>
<td>‘Ishā’</td>
<td>As soon as enough time has passed for one to have prayed şalāt al-maghrib</td>
<td>Midnight (time between sunset and sunrise)</td>
</tr>
</tbody>
</table>

DID YOU KNOW?

Imsāk is the time just before fajr when it is advisable that you should stop eating if you are going to fast on that day.

KEY POINTS

1. The person most liked by Allāh (SWT) is the one who prays on time.
2. A person can only pray after he is sure that the time of prayer has set in.
3. Wudū’ with the specific intention of a particular şalāh can only be performed after the time for that şalāh has set in.
4. If one wants to perform wudū’ early, the niyyah should be “qurban ilallāh” without specifying the şalāh.

IN SUMMARY

1. Why is it very important to always pray on time?
2. Is it okay to perform wudū’ for a şalāh before the time of şalāh?
3. With regards to timings of şalāh, what do the terms midday and midnight mean?
4. How can we find out the timings for daily prayers?
WHAT IS TAQLĪD?

When girls and boys become bāligh(ah), all of the laws of Islam, like praying ṣalāh 5 times a day and fasting (ṣawm) in the month of Ramaḍān, become wājib for them.

When do boys and girls become bāligh?

All the actions of a Muslim who is bāligh(ah) have to be based on the correct teachings of Islam as taught in the Qurʾān and by the Holy Prophet (S).

In order to find out the correct teachings of the Qurʾān and the Holy Prophet (S), we can either study these in depth and become experts in Islamic law, or follow a mujtahid.

A mujtahid is an expert in Islamic law. Following the rulings of a mujtahid who is most learned in Islamic law is called taqlīd.

A mujtahid studies Islamic law for many years and understands the āyāt of the Qurʾān and all the teachings of the Holy Prophet (S) and the Aʾimmah (A). The Aʾimmah (A) have explained the true meanings of the verses of the Qurʾān and the words and practices of the Holy Prophet (S).

The words and practices of Holy Prophet (S) are known as his Sunnah. The mujtahidīn (plural of mujtahid) derive Islamic laws from two main sources: The Qurʾān and the Sunnah.

The rulings of a mujtahid are called fatāwā (plural of fatwā). They can be found in his risālah (book of Islamic Laws).

HOW TO DO TAQLĪD

It is very important to make the correct niyyah (intention). Before you become bāligh(ah), you should find out who is the most learned mujtahid that others follow and you should make your niyyah to follow him once you become bāligh (ah).
There are many new things which did not exist at the time of the Holy Prophet (S) and the Aʾimmah (A) such as smoking, praying in space, cloning and so on. We cannot find verses in the Qurʾān or aḥādīth of the Maʿṣūmīn (A) directly addressing these issues. Following a mujtahid is necessary because he can tell us what to do in such situations.

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Key Points

1. When we become bālīgh, we must follow a mujtahid.
2. A mujtahid is an expert in Islamic Law. He derives law mainly from the Qurʾān and the Sunnah.
3. Following a mujtahid is known as taqlīd.
4. It is necessary to make the correct niyyah for taqlīd.
5. We can find the fatāwā (rulings) of a mujtahid from his risālah or by asking him directly.

In Summary

1. What is the meaning of the word taqlīd?
2. Who is a mujtahid?
3. What are the two main sources from which a mujtahid gets Islamic laws?
4. Why is it necessary to follow a mujtahid?
5. How do we find out the fatāwā (rulings) of our mujtahid?

Ayatullāh Sayyid ʿAlī al-Sīstanī (may Allāh (SWT) grant him a long life) is one of the most learned Mujtahīdīn. He lives in Najaf, Iraq. Thousands of Muslims around the world do his taqlīd.
5 TYPES OF ACTIONS

Islam divides every action into five groups:

**Wājib**     Mustaḥab     Mubāḥ

**Makrūh**     Ḥarām

Can you think of any action that would not fall into one of these 5 groups?

It is necessary to follow a mujtahid because he can tell us which group every action belongs to. If he tells us that something is wājib, we must do it. If he says it is ḥarām, we must keep away from it.

**WĀJIB**

This action is compulsory on every Muslim who is bāligh. Not performing a wājib action is a sin.
- Five daily prayers
- Fasting in the month of Ramaḍān
- Obeying one’s parents

**MUSTAḤAB**

This is a recommended action. It is not a must to do it, but whoever does it will be rewarded by Allāh (SWT).
- Reciting the Holy Qur’ān
- Giving charity
- Helping others

**MUBĀḤ**

These are actions which are allowed. They are neither compulsory nor forbidden. They are not discouraged nor recommended. If done with the correct intention, mubāḥ actions can often become counted as mustaḥab.
- Playing football
- Playing computer and video games
- Walking

ACTIVITY

In pairs, think of actions which can fall into more than one group depending on the intention (niyyah) behind it.
**MAKRŪH**

This is the opposite of mustaḥab. It is a discouraged action but not a sin.
- Overeating
- Sleeping too much
- Not praying on time

**HARĀM**

This is the opposite of wājib. It is an act which has been forbidden in Islam. Anyone who does a ḥarām act will be punished for it.
- Murdering an innocent person
- Lying
- Stealing
What is Morals and Ethics - Akhlāq?

Akhlāq is the plural of the Arabic word khulq, which means “disposition” (i.e. characteristics of a person and how one behaves with others). It can also be referred to as a person’s nature or personality. Islam places a lot of emphasis on refining one’s akhlāq by purifying the soul. We can do this by always performing all wājib actions and keeping away from everything that is ḥarām.

What is History - Tārīkh?

Tārīkh is an Arabic word meaning history. In this chapter, we will specifically look at the history of Islam. This dates back to the very beginning of creation. Our journey into Islamic history will take us through the creation of the universe, the creation of Nabī Ādam (A) (the first man), the anbiyā’ of Allāh (SWT), the sīrah of the Holy Prophet (S), the lives of the Maʾṣūmīn (A), and Islam today.

Why Study Morals, Ethics, and History Together?

In numerous places in the Qurʾān, Allāh (SWT) narrates the stories of the past people, and asks us to ponder over them so that we may learn lessons from them. These lessons are a study of Akhlāq, teaching us good manners, morality and virtue. Through examples of those who lived before us, We are shown how to purify our soul so that we can become perfect human beings.

The Holy Prophet (S) had the most perfect Akhlāq and was sent as a role model for us. In the study of Akhlāq (A), we look at the teachings of the Qurʾān and the sunnah of the Holy Prophet (S) and the Ahl al-Bayt (A) on refining one’s character.

Dear Lord,

Open our hearts and minds to reflect on history to understand who we are, where we come from, and where we are headed. Guide us in understanding of how our character and manners, morality, and virtue should reflect true Islam. Allow us to be purified through our character so we can become perfect human beings and You can be happy with us.
CREATION OF THE UNIVERSE

Long long ago, there was no earth, no sky, no sun or moon. Then Allāh (SWT) decided to make a beautiful world.

Allāh (SWT) just said, “Be!” and there was the earth and the sky, the bright sun, the shining moon, the twinkling stars, the tall mountains and the vast oceans and seas.

Allāh (SWT) made the earth spin on its axis, as well as orbit around the sun, so that there would be day and night and many different seasons too.

Allāh (SWT) made the clouds and caused rain to fall and grass to grow. Soon the earth was full of lovely flowers and tall trees.

Allāh (SWT) created all the animals and birds and insects.

GROUP ACTIVITY

In a small group, list some of the creations of Allāh (SWT). Can you list things beginning with every letter of the alphabet?
WHO CREATED EVERYTHING?

In Ḥadīth al-Kisā’, we read that when the Ahl al-Kisā’ (People of the Cloak) gathered under the cloak, Allāh (SWT) told the angels that He created everything in the heavens and the earth only for the love of the Ahl al-Bayt (A).

DID YOU KNOW

1. Allāh (SWT) created everything in the universe.
2. He created the planets, the sun and moon, the sky and the earth, mountains, oceans, plants and animals.

IN SUMMARY

1. Who created the universe?
2. What was the very first thing that Allāh (SWT) created?
3. What was the purpose of creation?
4. Who created human beings?
LEARNING OBJECTIVES

1. What are the Islamic teachings on caring for the environment?
2. What can we do to take care of the environment?

ACTIVITY

List three things you can do to protect the environment.

CARING FOR THE ENVIRONMENT

Although human beings are the best and most intelligent of Allāh (SWT)’s creation, they are also responsible for almost all the damage done to the planet.

The Qurʾān says that Allāh (SWT) is the creator of the world. Human beings are on the world as “trustees” or “vicegerents” - they are told to look after it and preserve it for the future.

In the Qurʾān, Allāh (SWT) tells us that He created the heavens and the earth to serve us. If we use the natural resources Allāh (SWT) has made for us wisely, we will be able to lead very good, healthy and well-balanced lives. However, if we damage the environment, it will affect our health and future well being.

This is a brief summary of verses 2 and 3 of sūrat al-Raʿd (The thunder) in the Qurʾān, where Allāh (SWT) says:

اللَّهُ الَّذِي رَفَعَ السَّمَاوَاتِ بِغَيْفٍ عَمَدٍ ثُمَّ أَسْتَوَىٰ عَلَى الْعَرْشِ ۖ وَسَخَّرَ الشَّمْسَ وَالْقَمَرَ ۖ كُلٌّ يََْرِي لَِْجَلٍ مُسَمًّى ۚ يُدَبهِرُ الَْْمْرَ يُفَصِّلُ الآلِيَاتِ لِعَلَّمكُمْ بِلِقَاءِ رَبِّكُمْ تُوقِنُونَ

He has created the heavens without any visible pillars.

وَهُوَ الَّذِي مَدَّ الْأَرْضَ وَجَعَلَ فِيهَا رَوَاسِيَ وَأَنََْارًا ۖ وَمِنْ كُلِّ النَّفْرَاتِ جَعَلَ فِيهَا زَوْجَيٍْ اثْنَيَّ ۖ يُغْشِي الْيَمِّيْلَ النَّهَارَ ۚ إِنَّ فِي ذَٰلِكَ لَا يَاتٍ لِقَوْمٍ يَتَفَكَّرُونَ

He spread out the earth and made the mountains, rivers and fruits of every kind.

Allāh (SWT) has made everything for us to use, and not abuse. It is for this reason that Muslims should be at the forefront of protecting the environment.
WHAT CAN WE DO TO TAKE CARE OF THE ENVIRONMENT?

We should not waste natural resources
In Islam, wasting anything (isrāf) is ḥaram. We should therefore be very careful not to waste anything, especially food and water. The Aʾimmah (A) have taught us not to waste water, even if we are on the river bank where there is plenty of water.

We should also not waste electricity and fuel as these cause a lot of pollution when they are manufactured.

We should replenish what we use
Islam encourages us to cultivate the land and raise healthy animals for food. We should not consume more than what we produce, because that would lead to an imbalance in the world.

We should also plant trees to replace those that have been cut down.

We should buy less and re-use things to reduce waste
In Islam, we are taught to be content with what little we have, rather than be greedy and always want more. For example, we should take good care of our clothes so that they last us longer, rather than throw them away and buy new ones every season. Similarly, we should only buy what we need. If we follow these basic principles, we will require a lot less, which in turn will preserve the earth’s natural resources.

We should only kill animals for food
A lot of animals are now in danger of extinction, because people kill them for the wrong reasons. We should only kill animals for food, and not for sport or other selfish reasons.

IN SUMMARY

1. Why did Allāh (SWT) create the earth and everything in it?
2. Why is it necessary for human beings to protect the environment?
3. What can we do to protect the environment?
4. What human activities damage the environment
CREATION OF ĀDAM - THE FIRST MAN

After creating the universe, Allāh (SWT) decided to make a human being. Out of mud and clay, Allāh (SWT) made the first man and called him Ādam. Then Allāh (SWT) breathed a spirit into Ādam and all of sudden Ādam came to life!

Why did Allāh (SWT) ask the angels to do sajdah to Nabī Ādam (A)?

Allāh (SWT) decided that Ādam was going to be the first human being and also the first nabī. A nabī is someone whom Allāh (SWT) chooses to guide other human beings and to teach others about His religion, Islam. So Nabī Ādam (A) is the father of all human beings and also the first nabī (prophet).

Allāh (SWT) gave Nabī Ādam (A) the ability to see with his eyes, to smell with his nose, to taste with his tongue, to hear with his ears and to feel with his skin. Allāh (SWT) also taught Nabī Ādam (A) many things and gave him a lot of knowledge.

Then Allāh (SWT) created the first woman and called her Hawwā. Allāh (SWT) wanted Nabī Ādam (A) and Sayyidah Hawwā to live together as the first family in the world.

So Allāh (SWT) put Nabī Ādam (A) and Sayyidah Hawwā in a beautiful garden, told them to live there happily and eat from whatever they liked. The only exception was one tree in the garden from which they were not allowed to eat any fruits.

All the human beings you see in the world today, of different colours and speaking different languages, are the children of Nabī Ādam (A) and Sayyidah Hawwā.
NABI ĀDAM IS THE FIRST PROPHET

When Allāh (SWT) wanted to create Nabī Ādam (A), He told the angels:

وَإِذْ قَالَ رَبُّكَ لِلْمَلََََِّآ إِنّهُ جَاعِلٌ فِِ الَْْرضِ خَلِيفَةً ۖ  قَالُوا أَتََْعَلُ فيَْها مُنْ فُسَدَّ فيَهَا وَيُسَفِّفُ الَّذِيْمَاءَ وَيَنْسَبُ بِحَمِيمِكَ وَتَقَدِّسُ لِكَ ۖ قَالَ إِنَّهُ أَعْلَمُ مَا لا تَعْلَمُونَ

In this verse, Allāh (SWT) tells the angels that He is going to create His representative and place him on the earth.

When the angels hear this, they surprisingly asked:

“How can you put someone there (on earth) who will cause damage and bloodshed, when we celebrate Your praise and proclaim Your holiness?”

Allāh (SWT) responds saying:

“I know things you do not.” [2:30]

This verse tells us that Nabī Ādam (A) was created to be Allāh (SWT)’s representative on earth. His role was to tell people about Allāh (SWT), and to show them the right path.

All prophets after Nabī Ādam (A) had the same mission.

IN SUMMARY

1. Who created human beings?
2. Who were the first man and woman to be created?
3. Why did Iblīs refuse to do sajdah to Nabī Ādam (A)?
4. Who is a nabī? What is his role?
**LEARNING OBJECTIVES**

1. Understand the basic difference between anbiyā’ and rusul
2. Introduction to how Allāh (SWT) communicates with His prophets
3. Introduction to the ūlūʾl-ʿazm prophets

**MY NOTES**

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**ACTIVITY**

List the names of the Divine Books that have been mentioned in the Qurʾān and which rasūl each book was revealed to?

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**THE PROPHETS & MESSENGERS OF ALLĀH (SWT)**

**NUBUWWAH - AN INTRODUCTION**

A prophet is called a nabī in Arabic and the plural of nabī is anbiyā’. A messenger is called a rasūl and the plural is rusul. The main difference between a nabī and a rasūl is that a rasūl is a nabī who has also been given a Book from Allāh (SWT). For example, Nabī Mūsā (A) was given the Tawrāt. Nabī ʿĪsā (A) was given the Injīl and our Holy Prophet (S) was given the Qurʾān. These anbiyā’ were also rusul.

<table>
<thead>
<tr>
<th>Singular</th>
<th>Plural</th>
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<tbody>
<tr>
<td>A Prophet (Nabī)</td>
<td>Prophets (Anbiyā’)</td>
</tr>
<tr>
<td>A Messenger (Rasūl)</td>
<td>Messengers (Rusul)</td>
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</tbody>
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Allāh (SWT) sent 124,000 prophets to guide us. The first prophet was ʿĀdam (A) and the last one was Muḥammad (S).

The most important message of every nabī and rasūl was Tawḥīd – to have faith in only one God and to worship none but Him. Every time people began neglecting this reality and started worshipping idols, Allāh (SWT) sent another nabī to remind people that no one is worthy of being worshipped except Allāh (SWT).

Allāh (SWT) always chose His prophets and messengers from human beings, so that they could live among people and be role models for them. The anbiyā’ would know what Allāh (SWT) wants them to do because they would receive communication from Allāh (SWT).

All the anbiyā’ were protected by Allāh (SWT) from ever committing sins and therefore we say they are maʿṣūm. If a nabī was to make mistakes in his teachings then people would be confused and they would not know if the words and actions of the nabī at any given time are truly from Allāh (SWT) or if they are mistakes.

Apart from being maʿṣūm, the anbiyā’ could also perform miracles with Allāh (SWT)'s permission, so that people would really believe that they have been sent by Allāh (SWT).
THE ÜLÜ’L-ʿAZM PROPHETS

All of the 124,000 prophets were great people who called their communities to worship only Allāh (SWT) and believe in the Hereafter. However, there are different ranks among prophets, some of them were greater than other prophets. Allāh (SWT) says in the Qurʾān:

وَرَبُّكَ أَعْلَمُ بِمَنِّي فِي السَّمَاوَاتِ وَالأَرْضِ وَلَقَدْ فَضَّلْنَا بَعْضًا بَعْضٍ

And your Lord best knows those who are in the heavens and the earth; and certainly We have made some of the prophets to excel others...[17:55]

The greatest among the prophets were the 5 ülūʾl-ʿazm prophets:

1. Nabī Nūḥ (A)
2. Nabī Ibrāhīm (A)
3. Nabī Mūsā (A)
4. Nabī ʿIsā (A)
5. Nabī Muḥammad (S)

One of the main characteristics of these prophets due to which they reached their lofty levels of closeness to Allāh (SWT), was their extreme patience and steadfastness in Allāh (SWT)'s way. In the Qurʾān, Allāh (SWT) instructs our Holy Prophet (S) to follow in the footsteps of the other 4 ülūʾl-ʿazm prophets before him:

فَاصْبَِْ كَمَا صَبَََ أُولُو الْعَزْمِ مِنَ الرُّسُلِ

Be steadfast [Oh Muḥammad], like those messengers of firm resolve (ūlūʾl-ʿazm)...[46:35]

HOW DOES ALLĀH (SWT) COMMUNICATE WITH THE ANBIYĀʾ?

Allāh (SWT) mentions in the Qurʾān how He speaks to His messengers (rusul) and prophets (anbiyāʾ):

وَمَا كَانَ لِبَشَرٍ أَنْ يُكَلِّمَهُ اللَّهُ إِلَّاً وَحْيًا أَوْ مِنْ وَرَاءِ حِجَابٍ أَوْ يُرْسِلَ رَسُولًَ فَيُوحِيَ ِِذْنِهِ مَا يَشَاءُ إِنَّهُ عَلِيٌّ حَكِيمٌ

It is not [possible] for any human that Allāh should speak to him except through revelation or from behind a curtain, or send a messenger who reveals by His permission whatever He wishes. Indeed He is Most High, All-Wise. [42:51]
This āyah shows that there are 3 ways in which Allāh (SWT) communicates with His prophets:

1. **Direct revelation** - Allāh (SWT) speaks directly to a prophet. One form of this is through **true meaningful dreams** that he knows for sure are messages from Allāh (SWT).

   Q: Do you remember Prophet Ibrāhīm (A)’s dream about his son?

2. **Through a “curtain”** - Allāh (SWT) spoke to Prophet Mūsā (A) through a burning bush. Also, when the Holy Prophet (S) went for miʿrāj, he heard Allāh (SWT) speaking to him from behind a curtain of light (nūr).

   Q: What did Allāh (SWT) say to Nabī Mūsā (A) through the burning bush?

3. **Through an angel** - Allāh (SWT) sent Angel Jibrāʾīl to the anbiyāʾ and rusul with His messages.

**IN SUMMARY**

1. Why do we need prophets?
2. What is the main difference between a nabī and a rasūl?
3. What are the three main ways in which Allāh (SWT) speaks to His prophets?
4. What are the names of the ūlūʾl-ʿazm prophets?
GUESS WHO?
Where relevant, please provide the Arabic names for each of the questions.

1) We are messengers sent by Allāh (SWT) and we are different from other prophets because each of us has also been given a Book by Allāh (SWT). Who are we?

____________________________________________________________________________________________

2) I am a rasūl who is still alive. Who am I?

____________________________________________________________________________________________

3) We are the five ūlūʾl-ʿazm prophets. Can you name us?

____________________________________________________________________________________________
____________________________________________________________________________________________

4) I am the angel who used to deliver Allāh (SWT)’s messages to the anbiyāʾ and rusul. Who am I?

____________________________________________________________________________________________

TRUE OR FALSE
Don’t forget to correct the mistakes of the statements that are false!

1) The most important message of every nabī and rasūl was Tawḥīd.

____________________________________________________________________________________________

2) All the prophets were angels.

____________________________________________________________________________________________

3) The Ūlūʾl-ʿAzm prophets reached their lofty levels because of their wealth and fame.

____________________________________________________________________________________________

4) Allāh (SWT) spoke to Prophet Ibrāhīm (A) through a burning bush.

____________________________________________________________________________________________

5) Prophet ʿĀdam (A) was one of the Ūlūʾl-ʿAzm prophets.

____________________________________________________________________________________________
SONS OF NABĪ ĀDAM (A) - HĀBĪL AND QĀBĪL

Allāh (SWT) blessed Nabī Ādam (A) and Sayyidah Hawwā with two sons: Hābīl and Qābīl.

One day, Nabī Ādam (A) told both his sons to make an offering in the name of Allāh (SWT). Qābīl was a farmer, so he took some crops as an offering from him. Hābīl was a shepherd and took a sheep as a sacrifice. They went to the top of the mountain and kept their offerings there. Qābīl was a miser and did not really love to give anything to others or to please Allāh (SWT), so he took some bad crops instead of taking his best crops. Hābīl loved Allāh (SWT). He took his best sheep as an offering. He loved to give to others and to share what he had. Allāh (SWT) accepted Hābīl’s offering and rejected Qābīl’s offering. He says in the Qur’ān:

وَاتْلُ عَلَيْهِمْ نَبَأَ ابْنَِْ آدَمَ بِِلَْْقهِ إِذْ قَرمبَِ ق ُرْبَِنًَ

Relate to them truly the account of Adam’s two sons. When the two of them offered an offering, it was accepted from one of them and not accepted from the other [5:27]

This made Qābīl very angry and jealous of his brother Hābīl. Hābīl tried to explain to his brother that if he becomes better and loves Allāh (SWT), then Allāh (SWT) will accept from him as well. However, Qābīl did not want to accept that he was wrong.

QĀBĪL KILLS HĀBĪL

Qābīl was very angry and jealous of his brother Hābīl whose offering had been accepted by Allāh (SWT). He told Hābīl that he was going to kill him. Hābīl said to his brother:
After the death of Hābīl, Allāh (SWT) blessed Nabī Ādam (A) with another son called Shīth (A). Allāh (SWT) appointed him as a Prophet after Nabī Ādam (A).

Hābīl explained to his brother that Allāh (SWT) was watching all of their actions. If he did something evil, Allāh (SWT) would punish him in hell. However, Qābīl was not prepared to listen and killed his brother.

After killing Hābīl, Qābīl was very scared and did not know what to do. Instead of telling his father what he had done and asking Allāh (SWT) to forgive him, he decided to hide his brother’s dead body, but he didn’t know how to hide it.

Allāh (SWT) then sent a crow to show Qābīl how to bury his brother. The crow dug a hole in the ground and buried something, giving Qābīl the idea of burying his brother in the ground. Qābīl was ashamed of himself. Even a crow knew better than him! This is explained in the Qur’ān as follows:

"Qūṣūt al-lā ṣubūh tibḥūt fī al-‘arz līriyā kifū wawari sūwā‘ ‘ighī fāṣūjī min al-nā’umīn"

Then Allāh sent a crow, exploring in the ground, to show him how to bury the body of his brother. He said, ‘Woe to me! Am I unable to be [even] like this crow and bury my brother’s corpse?’ Thus he became regretful. [5:31]

**IN SUMMARY**

1. Why did Allāh (SWT) accept Hābīl’s offering but didn’t accept Qābīl’s offering?
2. Why did Qābīl kill Hābīl?
3. What did Hābīl say when Qābīl told him he was going to kill him?
4. How did Allāh (SWT) teach Qābīl to bury his brother?

**DID YOU KNOW**

After the death of Hābīl, Allāh (SWT) blessed Nabī Ādam (A) with another son called Shīth (A). Allāh (SWT) appointed him as a Prophet after Nabī Ādam (A).

**KEY POINTS**

1. Hābīl and Qābīl were the sons of Nabī Ādam (A) and Sayyidah Hawwā.

2. Nabī Ādam (A) told his sons to make an offering to Allāh (SWT). Hābīl was a shepherd and offered his best sheep. Qābīl was a farmer. He offered some crops which were not very good.

3. Allāh (SWT) accepted Hābīl’s sacrifice but rejected Qābīl’s offering.

4. Qābīl killed his brother Hābīl. Allāh (SWT) sent a crow to show him how to bury his brother.
LEARNING OBJECTIVES

1. Understand the meaning of ḥasad.
2. Understand why jealousy is a very bad quality.
3. Understand how to overcome jealousy.

MY NOTES

JEALOUSY DESTROYS OUR GOOD DEEDS

Jealousy is called ḥasad in Arabic. Ḥasad means when we see someone who we think is better than us, or has more than we do, we hate them and try to stop them from gaining more.

Islam teaches us not to be jealous because a jealous person will never accept the truth even if he or she knows it. Many of the enemies of the Ahl al-Bayt (A) became their enemies because of jealousy. They could not become like the Ahl al-Bayt (A) and so instead of following them, they tried to fight them and oppose them.

Allāh (SWT) does not like jealousy. He says in the Qurʾān:

آَمْ يََْسُدُونَ النماسَ عَلَى مَا آتََهُمْ اللَّمُ مِنْ فَضْلِهِ

Are they jealous of (other) people because of what Allāh has given them of His grace? [4:54]

Instead of being jealous of others who are better than us, we should try to work hard to make ourselves better too.

The story of Ḥābīl and Qābīl, the sons of Nabī Adam (A), is a good example of the effects of jealousy. Qābīl killed his brother Ḥābīl because he was jealous of him. Ḥābīl was religious and loved Allāh (SWT). Instead of trying to become like Ḥābīl, Qābīl wanted Ḥābīl to become bad like him. Out of jealousy, Qābīl killed his own brother. Later on, he was very frightened because of what he had done, but it was too late. He could not bring his brother back to life. When we become very jealous, we disobey Allāh (SWT) and often we do things that we later on regret very much.

When we see someone who is better than us, we should be happy for them and congratulate them. We should work hard and also pray to Allāh (SWT) to bless us as well.

ACTIVITY

In small groups, discuss why people sometimes become jealous of others. How can we overcome jealousy?
HOW DO WE OVERCOME JEALOUSY?

Everyone has a special gift from Allāh (SWT) and we only have to find what we have been blessed with.

For example, someone may be an artist but not have a good voice to recite Qurʾān or qasīdah in public. Another person may be a poet but not very good with building and repairing things with their hands. Yet another person may be very good with cooking but someone else may be better with teaching and helping little children. If we are not jealous, Allāh (SWT) will help us find our special gift in life!

And once we find our special gift from Allāh (SWT) and realise that we too have a special ability that others do not have, we must never be proud and boast about it or show off. Instead, we should thank Allāh (SWT) and try and use our gift to help others.

When we thank Allāh (SWT) and use our gift from Allāh (SWT) to help others, Allāh (SWT) makes us better and gives us more. But when we use it to show off and brag, Allāh (SWT) takes it away or the gift becomes a punishment and we harm ourselves with it.

IN SUMMARY

1. What is the meaning of the Arabic word ḥasad?
2. Why is it not good to be jealous of others?
3. What did Qābīl do to his brother out of jealousy?
4. How can we overcome jealousy?
5. Why are some people jealous of others?

DID YOU KNOW?

There lived in Baghdad a very wealthy man of excellent character. His neighbour was very jealous of him. He always tried to make his rich neighbour look bad by spreading false rumours about him, but all his efforts were in vain. His jealousy became so strong that he forced his servant to kill him, and then blame the rich neighbour for the murder!

KEY POINTS

1. Jealousy is called ḥasad in Arabic.
2. When we are jealous of someone, we hate them and try to stop them from becoming better.
3. Instead of being jealous of people who are better than us, we should be happy for them, and work hard to become like them.
4. When we become very jealous, we end up doing something very wrong, such as bullying someone.
Many years after Nabī Ādam (A), most of the people in the world stopped worshiping Allāh (SWT) and had become corrupt human beings. So Allāh (SWT) sent another nabī to guide them who was called Nūḥ.

Nabī Nūḥ (A) began telling everyone to worship Allāh (SWT) only and not to bow before idols, but most of the people would not listen to him. They just laughed at Nabī Nūḥ (A) and made fun of him. When he would talk to them, they would put their fingers in their ears or shout and make noise. They would even throw things at Nabī Nūḥ (A) to try and hurt him.

After many years, when still no one would listen to him, Allāh (SWT) ordered Nabī Nūḥ (A) to build an ark. When the ark was ready, Nabī Nūḥ (A) told everyone to get in because it was going to rain a lot and anyone who did not get in would drown as a punishment from Allāh (SWT). The evil people laughed at Nabī Nūḥ (A) even more and refused to enter the ark. And so Nabī Nūḥ (A) went in with his few followers and the animals and shut the doors.
Soon it began to rain heavily and everything around began to drown. There was lightning and thunder everywhere. Even those on the Ark were frightened as the Ark rocked from side to side and moved in the middle of huge waves that rose like mountains and fell crashing down. Nabī Nūḥ (A) and his followers kept praying to Allāh (SWT) for His protection and mercy all the while.

One of the sons of Nabī Nūḥ (A) did not believe in Allāh. Nabī Nūḥ (A) told him to come into the Ark, but he said, “I will climb the tallest mountain and I won’t drown.” Just then a huge wave came and he drowned.

When the rain stopped, the ark came to a rest at the top of Mount Jūdī. Then Nabī Nūḥ (A) let all the animals out and he and his followers began a new life on the earth and they all worshipped Allāh (SWT) and lived happily together again.

Nabī Nūḥ (A) prayed to Allāh (SWT):

My Lord! Forgive me and my parents, and whoever enters my house in faith, and the faithful men and women, and do not increase the wrongdoers in anything except ruin. [70:28]
When we travel through the world, we should observe Allāh (SWT)’s creation. The Qur’an tells us in many places that we should look at the beautiful world around us, because we can know Allāh (SWT) through His perfect creation:

قُلْ سِيُْوا فِِ الَْْرْضِ فَانْظُرُوا كَيْفَ بَدَأَ الَْْلْقَ ۚ ثُُم اللَّمُ ي ُنْشِئُ النمشْأَةَ الْْخِرَةَ ۚ إِنم اللَّمَ عَلَىٰ كُلهِ شَيْءٍ قَدِيرٌ

Say: Travel throughout the earth and see how He brings life into being: and He will bring the next life into being. Allāh has power over all things. [29:20]

We should begin our journey with the name of Allāh (SWT), and recite duʿāʾ asking Allāh (SWT) to protect us so that we get to our destination safely. When you remember Allāh (SWT) and ask Him to protect you, He will watch over you.

When Nabī Nūḥ (A) wanted to start his journey on the ark, he advised his people:

وَقَالَ ارْكَبُوا فِيهَا بِسْمِ اللَّمِ مََْرَاهَا وَمُرْسَاهَا ۚ إِنم رَبّهِ لَغَفُورٌ رَحِيمٌ

And he said: Board the Ark, In the name of Allāh it shall sail and anchor. My God is most forgiving and merciful. [11:41]

It is recommended to recite the following when travelling:

- Āyat al-Kursī
- Sūrat al-Ikhlāṣ, al-Nās, al-Kāfirūn and al-Falaq
- Sūrat al-Qadr
- Sūrat Āl ʿImrān

Long journeys are often very enjoyable, but they can also be dangerous sometimes. No one can predict what will happen. Before we travel, we should return everything that does not belong to us, and clear any debts we may have. We should also ask our family and friends to forgive us if we have hurt them in any way. We should also give ṣadaqah, and thank Allāh (SWT) for his blessings without which we would not be able to travel.
ADAB OF A TRAVELLER

Rasūl Allāh (S) advised Imām ’Alī (A) to recite the following when arriving at a new place:

“Oh Allāh! make my arrival over here rewarding, for You are the best host and caretaker.”

On arrival to our destination, we should thank Allāh (SWT). It was through His help and guidance that we did not face difficulty on the journey and reached our destination safely.

If you stay with hosts, remember that you are a guest:
- If possible, take a gift for them
- Do not impose yourself on them
- Try and be as helpful as possible
- Do not cause them difficulty or inconvenience

If you have guests at home, remember that they bring blessings into your home. Be hospitable and make them feel welcome and comfortable.

DID YOU KNOW?

One of our 8th Holy Imām’s titles is al-Ḍāmin, meaning “the guarantor”. One day when he was travelling, he saw a hunter who was about to shoot an arrow at a deer. The Imām told him not to kill the deer as she had babies and was going to feed them and then would return to the hunter by itself. A little while later, the deer came back by itself, and the hunter was amazed. He decided not to hunt that deer. Since then, Imām al-Riḍā (A) came to be known as “Imām al-Ḍāmin”.

KEY POINTS

1. It is important to travel the world and see Allāh (SWT)’s creation.
2. We must begin our journey in Allāh (SWT)’s name and ask Him to protect us.
3. The Maʾṣūmīn (A) have recommended to us various adʿiyāʾ and verses of the Qurʾān to be recited when travelling.

IN SUMMARY

1. Why is it important to travel the world?
2. How should we prepare for travel?
3. How should we behave when we are guests at someone’s house?
Many years after the flood of Nabī Nūḥ (A), people forgot the message of Islam and began worshipping idols again. Allāh (SWT) sent Nabī Ibrāhīm (A) to guide them. Nabī Ibrāhīm (A) never worshipped any idol and always told the people not to worship anything or anyone except Allāh (SWT).

Nabī Ibrāhīm (A) was kind-hearted and polite, and loved Allāh (SWT) very much. He was also generous and loved to bring guests to his home. Allāh (SWT) was so pleased with him that He made him His friend. Nabī Ibrāhīm (A) is called Khalīl Allāh, which means “The Friend of Allāh”.

Nabī Ibrāhīm (A) grew up under the care of his uncle Āzar, who used to worship idols. Nabī Ibrāhīm (A) explained to him that it was wrong to worship idols.

When Ibrāhīm said to his father Āzar, “Do you take idols for gods? Indeed I see you and your people in clear error.” [6:74]

One day when all the people had gone out of the town to celebrate a festival, Nabī Ibrāhīm (A) went to the temple where they kept all the idols. He broke all of them except the biggest one and tied his axe around its neck.

When the people came back, they were shocked to see their idols broken into pieces. “Who broke our gods?” they cried angrily. “It must be Ibrāhīm!” said one of them, “He is always speaking against our gods!”

“Bring him here so we can question him!” demanded the temple priest. The people went to Nabī Ibrāhīm (A) and brought him to the temple. “Did you do this Ibrāhīm?” they demanded. Nabī Ibrāhīm (A) pointed to the biggest idol with the axe around its neck and said, “Ask this one. He has the axe!”

The people knew that the idols could not speak, so they said, “You know the idols cannot speak or defend themselves.” Nabī Ibrāhīm (A) said, “Why do you pray to something made of stone and something that is so powerless and weak?”

The people did not have an answer, but they were very angry with Nabī Ibrāhīm (A). They went to their King Namrūd and asked him to punish Nabī Ibrāhīm (A).
Nāmrūd decided to throw Nabī Ibrāhīm (A) into a huge fire. He asked everyone to collect lots of wood for the fire. When the wood had been piled high, they lit it and it became a huge fire. They began to shout, “Burn Ibrāhīm! Kill him! So that our idol gods will be happy with us again!”

Nabī Ibrāhīm (A) tried to tell them to believe in Allāh (SWT) and to worship Him alone, but the people refused to listen to him. They wanted to throw him into the fire, but it was so hot that they could not go near it. Therefore, they made a large catapult to throw him into the fire.

Nabī Ibrāhīm (A) was not afraid of the fire. He knew Allāh (SWT) was with him all the time and would protect him. When the people threw him into the fire, Allāh (SWT) commanded:

قَلْ نَأَيُّوْنَ كُونِّ بَرْدًا وَسَلَّمًا عَلَىٰ إِبْرَاهِيمَ

“We said, ‘O fire! Be cool and safe for Ibrāhīm!’” [21:69]

Then a miracle happened. Instead of burning Nabī Ibrāhīm (A), the fire became cool and safe for him, and he came out without any harm. The people were amazed to see this and knew Nabī Ibrāhīm (A) was right and they were wrong.

Namrūd then forced Nabī Ibrāhīm (A) to leave his country and never come back. Nabī Ibrāhīm (A) left with his family including his wife Sārah and his cousin Nabī Lūṭ (A). They went to the land of Palestine.
LEARNING OBJECTIVES

1. What type of friends should we have?
2. Why is it important to choose good friends?

FRIENDSHIP

After our own family and relatives, the closest people to us are our friends. Often our friends will influence us more than our family. This is because we don’t choose our family, but we get to choose our friends. Friends are usually close to us in age and therefore have similar interests, ambitions and goals as us.

Imām ‘Alī (A) said, "Friends are like one soul in different bodies."

Q: Why is it necessary to keep good friends?

When we hang out with friends who have non-Islamic values or bad morals, they exert a negative influence on us and through peer pressure, we may become like them. People around us also judge us according to the kind of friends we keep.

Nabī Sulaymān (A) said, "Do not judge a person until you see who he spends time with, because a person is known by those like him" (i.e. his friends and whose company he keeps).

Rasūl Allāh (S) said, "People are attracted to the religion of their friends. Therefore you should see who your friends are."

On the Day of Judgement, some people will regret very much the friends they kept because had it not been for the bad influence of their friends, they would have gone to Jannah instead of Jahannam. They will cry out with a lot of regret:

فَإِنَّ الَّذِي كَتَبْنَا لَهُمْ يَوْمَ الْكِتَابِ: فِي سَوَاءِ الْجَحِيمِ قَالُوا قَالَ نَأَمَنُ أَنَّكَ تُذْنِبْنَا

Woe to me! I wish I had not taken so-and-so as a friend! [25:28]

Those who are strong in their īmān (faith) and refuse to listen to the negative influence of bad friends will be very happy on the Day of Judgement. They will look down into Hellfire and speak with the bad "friend":

فَإِنَّ الَّذِي كَتَبْنَا لَهُمْ يَوْمَ الْكِتَابِ: فِي سَوَاءِ الْجَحِيمِ قَالُوا قَالُوا نَأَمَنُ أَنَّكَ تُذْنِبْنَا

Then he will take a look and see him in the middle of hell. He will say, "By Allāh, you had almost ruined me! Had it not been for my Lord’s blessing, I too would have been punished!" [37:55-57]
WHAT TYPE OF FRIENDS SHOULD WE SELECT?

* Keep a friend who is understanding of your beliefs and supports you in practicing your faith.
* Keep a friend who encourages you to be good and discourages you from doing bad things.
* Keep a friend who reminds you of God and serve His creation.
* Keep a friend who loves you and defends you even when you are not present and when others say nasty things about you.
* Keep friends who love their family and encourage you to love and respect your parents and family. Avoid a friend who hates his parents and does not keep relations with his/her family.
* Keep a friend who shares with you in any work you do together and shares in the cost of anything you buy. For example, he/she takes turns to pay for a meal. Avoid a friend who always expects you to work for him or her, and to pay all the time. Such a person is only using you and will leave you when you have no money or cannot help him/her.
* Keep friends who are intelligent and hard working at school.
* Avoid friends who are lazy and don’t like gaining knowledge and spend all their time only talking about games, fun and pleasure.

Imām ‘Alī Zayn al-Abidīn (A) has said that you should not make friends with the following people:

* Liars, because they will deceive you from the right path.
* Wrongdoers, because their friendship is not dependable.
* Stingy people, because at the time of need and difficulty these people will not be your friends.
* Foolish people, because they may try to help you but will cause you more harm due to their ignorance.
* People who cut off relations with their own family, because Allāh (SWT) has cursed these people.

IN SUMMARY

1. Why is it necessary to keep good friends?
2. What qualities should we look for in a friend?
3. What type of people should we not be friends with?
4. Why will people with bad friends regret on the Day of Judgement?
Arabia is a large country whose area is three million square kilometres. From olden times this land was divided into 3 regions: Hijāz, the Arabian Desert and Yemen.

The largest city in Hijāz was Makkah and its history starts from the time when Nabi Ibrāhīm (A) left his wife Hājar and son Nabi Ismā‘îl (A) there on the command of Allāh (SWT) and later returned to built the Ka‘bah with the help of his son, Nabi Ismā‘îl (A). Nabi Ismā‘îl (A) had settled in Makkah. From his descendants there were many Arab tribes. The most famous was the Quraysh tribe.

Before Islam, Arabia was in a period of Jāhiliyyah. The Arabs worshipped idols and fought for petty reasons. Often their wars would go on for generations. They did not have law and order. Stronger tribes would rob and kill the weaker ones.

All the idols they worshipped were kept in and around the Ka‘bah and people would come from far and wide just to worship these stone idols.

Women were treated very badly. And often when a daughter was born, the father would be ashamed of her and he would dig a hole and bury her alive.
THE PERIOD OF JĀHILIYYAH

In sūrat al-Nahl, Allāh (SWT) describes the feelings of the Arabs when a daughter was born to them:

وَإِذَا بَيَتْرَ أَحْدَهُمْ بِالْأَنْفِي ظَلْٰلَ وَجَهْهُ مُسْوَدًا وَهُوَ كَظِيمٌ
يَتَوَازَى مِنَ الْقُوَّمِ مِن سُوءِ مَا بَيَتْرَ بِهِ
أَمْسِكُهُ عَلَىٰ هُونٍ أَمْ يَدُسُّهُ فِّي الْمَرَابِ
أَلَٰ سَاءَ مَا يََْكُمُونَ

When he gets the news that a baby girl is born, his face becomes dark and he chokes with suppressed agony. He hides from the people out of distress at this news: shall he keep his daughter in humiliation, or bury it in the ground! Look! Evil is the judgement that they make. [16:58-59]

Many Arabs before Islam were very superstitious. Sometimes they would enter their homes from behind or from the windows just to drive bad spirits away. When a person died, they would keep a camel near his grave and cut the camels legs until it died as well. They believed the person who died would ride the camel in the next world. When they entered a village, they would bray like a donkey 10 times to chase away evil spirits. Some of them did tawāf of the Kaʿbah completely naked. When a man died, his son would marry all his wives (who were his mother and stepmothers). In other words they lived like animals.

This came to be known as the period of Jāhiliyyah, which means “The Age of Ignorance”.

There was one Quraysh family that was different. They were known as Banū Hāshim. The Holy Prophet (S) and Imām ʿAlī (A) came from this tribe. They were known to be generous, brave, wise and kind-hearted. They never cheated anyone and they never worshipped any idol. They worshipped Allāh only.

DID YOU KNOW

During the period of Jāhiliyyah, the Arabs also had some good qualities:
- They never broke a promise
- They had great skill in horsemanship and archery.
- They were brave
- They were very good in the art of poetry and had sharp memories that enabled them to remember long verses and speeches by heart.

IN SUMMARY

1. What is the name of the main tribe of Arabs who lived in Arabia at the time of the Holy Prophet (S)?
2. What does Jāhiliyyah mean?
3. How did the Arabs behave in the Age of Jāhiliyyah?
4. Who are the Banū Hāshim?

KEY POINTS

1. In pre-Islamic times, Arabia was divided into three regions: Hijāz, Yemen and the Arabian Desert.
2. Makkah was the main city. It’s history dates back to the time when Nabi Ibrāhīm (A) took his baby son, Ismāʿīl (A), there.
3. Before Islam, Arabia was in a period of Jāhiliyyah (The Age of Ignorance).
4. The Holy Prophet (S)’s family is also part of Quraysh. They are known as Banū Hāshim.
WHAT IS ISRĀF?

...and eat and drink and do not be wasteful; He (Allāh) does not love the extravagant. [7:31]

...and do be wasteful. The wasteful are the brothers of the devils... [17:26-27]

The above verses of the Qurʾān teach us not to be wasteful. In Arabic, wastefulness is called isrāf. Islam teaches us that it is ḥarām to do isrāf. Isrāf means to waste something that other people need or can use.

HOW CAN WE REDUCE WASTE?

- When we eat, we shouldn’t put too much food on our plate, which we might be unable to finish.
- When we drink water, we should not fill the glass to the top if we are unable to drink it all. If we do fill our glass by mistake and cannot finish it, then we should keep the left-over water for later or use it somewhere else, like watering a tree or plant.
- When showering, brushing our teeth or doing wudū’, we should be careful not to waste water by letting it run continuously. We should close the tap when we are not using the water.
- If we have clothes, toys, furniture or anything in the house that we don’t want but others can use, we shouldn’t throw it away or hoard it until it is of no value. We should give it away for free to others.
- When we leave a room, we should turn off the lights. Leaving the lights on all over the house is isrāf. During the daytime, we should open the blinds or curtains to let in natural light.

GROUP ACTIVITY

In small groups, make a list of things you can do on a daily basis to reduce waste.
A TRUE BELIEVER PRACTICES MODERATION

A true believer is neither wasteful nor miserly. Instead, a Mu’min is moderate in everything:

وَالذِينَ إِذَا أنفَقُوا لَيْسَ رَفُوْٰٰ وَلَيْسَ مَقْتُوْٰ وَكَانَ بَيْنَ ذَلَّكَ قَوَامًا

They (the servants of Allāh) are those who are neither wasteful nor miserly when they spend, but keep to a just balance. [25:67]

According to Imām al-Ṣādiq (A), if a person is wasteful and becomes poor because of this habit, Allāh (SWT) does not answer his prayers when he asks Allāh (SWT) to help him out of poverty.

Before Islam, the Arabs in Makkah were very wasteful. When the rich among them invited someone for dinner, they slaughtered several extra camels just to show off their wealth. And whatever food was left was thrown in the garbage. Some people do this even today. Allāh (SWT) hates such wastage, which is only done to show off to others.

People don’t just waste food, water and money. They even waste time. Time is our biggest asset in this world. It is worth much more than money. At the time of death, the dying person would be willing to give away all his wealth, just so that he/she could live a little bit longer. It is then that we will truly regret all the time that we wasted in this short life.

PLACES OF INTEREST: ARABIA BEFORE ISLAM
LINK IN: AKHLĀQ (MORALS & ETHICS)

DID YOU KNOW

Imām Ja’far al-Ṣādiq (A) used to tell his companions not to throw away food waste (e.g. seeds, peels, etc) but keep it to feed the animals, because Allāh (SWT) does not like those who waste.

Muslims, and especially the followers of the Ahl al-Bayt (A), should therefore set an example in recycling and putting food waste like peels, bones, etc, in special bins for organic waste that can be converted into compost.

KEY POINTS

1. Isrāf means wasting something that other people need or can use.
2. We can reduce waste in several ways, including reusing things instead of throwing them away, recycling our waste, and reducing consumption.
3. True believers are neither miserly not wasteful. They do everything in moderation.
4. Our greatest asset in this world is our time. We should be most careful not to do isrāf of our time.

IN SUMMARY

1. What does isrāf mean?
2. What does the Qur’ān say about being wasteful?
3. What are some of the ways in which we wasteful?
4. How can we reduce wastage?
5. “A Mu’min must live in moderation.” What does this mean?
THE BIRTH AND CHILDHOOD OF THE HOLY PROPHET (S)

The Holy Prophet, our beloved Rasūl Allāh (S), is the final messenger of Allāh (SWT). He was born in Makkah on the 17th Rabī al-Awwal in “The Year of the Elephant” (ʿĀm al-Fīl) 570 CE. His father is ʿAbd Allāh b. ʿAbd al-Muṭṭalib and his mother is Sayyidah Āminah b. Wahab.

The Holy Prophet (S)’s father died before he was born, so he was born an orphan. His grandfather ʿAbd al-Muṭṭalib, who was the leader of Makkah, took care of him and loved him very much. In Makkah, when children were born, they used to have a nanny who would take them to the desert and look after them for two years. The people who live in the desert are called Bedouins. The Bedouins always wanted to look after rich children so they could get gifts and rewards from the children’s family. They never wanted to look after orphans who were poor and had no father to pay for them.

A Bedouin woman named Ḥalīmah came to Makkah looking for a child to take care of. As soon as Ḥalīmah saw Rasūl Allāh (S), she fell in love with the baby orphan and decided she would look after him. Ḥalīmah was very happy to have him with her in the desert. After two years, she was sad because it was now time for him to return to his mother in Makkah. She asked his grandfather, ʿAbd al-Muṭṭalib, if he can stay with her longer. ʿAbd al-Muṭṭalib agreed and Ḥalīmah became very happy.

ACTIVITY

Write down the meanings of the following words:
Rasūl Allāh;
ʿĀm al-Fīl;
al-Ṣādiq and al-Amīn
The year that Rasūl Allāh (S) was born is known as ʿĀm al-Fīl. This is the year when Abrahah wanted to attack the Kaʿbah. He came to Makkah with his army on elephants. Allāh (SWT) sent a flock of birds with pebbles in their beaks and claws. They threw these pebbles on Abrahah and his army. All his men and elephants were killed and the Kaʿbah remained safe.

**IN SUMMARY**

1. When was Rasūl Allāh (S) born? Where was he born?
2. Who are his parents?
3. Who was his nanny when he was a baby?
4. Why was he known as al-Ṣādiq and al-Amīn?
5. How was Rasūl Allāh (S) related to Abū Ṭālib?
RESPECTING OUR ELDERS

We show respect to our elders by speaking to them politely. Whenever they enter the room, we should stand up and greet them with.

Rasūl Allāh (S) has said:
“Respect the elderly people; whoever respects them has respected Allāh.”

Once an old woman was going home carrying a bucket full of water on her shoulder. Her manner of walking showed that she was very tired. Imām ʿAlī (A) approached her and took the bucket from her. He carried the bucket on his own shoulder and accompanied her to her house.

On the way, the Imām asked the woman about the state of her life. She told him that her husband had died and she had small children. She was a poor woman and there was no one to support her and her children.

The old woman’s story made Imām ʿAlī (A) very sad. Placing the bucket in her house, he went home immediately and returned quickly to her house with some food. He found her children crying with hunger.

Handing over the things he had brought to the woman, he advised her to prepare the meal while he took care of the children. The meal was soon ready. The children ate to their fill and were happy. They soon went to sleep.

Then Imām ʿAlī (A) also took leave and went home. From then onwards, Imām ʿAlī (A) used to go to the old woman’s house to inquire about her and her children. He also provided her with whatever she needed.

Imām al-Ḥasan (A) and Imām al-Ḥusayn (A) are sons of Imām ʿAlī (A). Once, when they were children, they saw an old man performing ṭuḍū the wrong way. They did not want to sound disrespectful, so instead of telling the old man that he was making a mistake, they told him to observe them performing ṭuḍū to see if they were doing it correctly. When the old man saw them perform ṭuḍū, he realised his mistake.
HOW CAN WE SHOW RESPECT TO OUR ELDERS?

We can be respectful to our elders in various ways:

- We should always speak to them politely, and not make fun of them.
- We should help them with household chores.
- We should listen to them attentively and follow their advice.
- We should always give preference to them. For example, if we are sitting in a room, bus or train and they enter, we should give up our seat so that they can sit comfortably. Similarly, when we are attending a majlis, we should sit in the middle of the room so that the elderly can sit against the wall.
- We should serve them food and drink before we eat.
- If we have elderly neighbours who are living alone, we should regularly visit them and make sure they are comfortable and not lonely.

Older people have had a lot of experience in life, and we can learn a lot from them. At the same time, they will pray for our success if we are kind, respectful and helpful to them.

DID YOU KNOW?

Although people grow old in this world, there will be no old people in Jannah. When Allāh (SWT) sends the good doers to Jannah, He will make them young and healthy again.

Rasūl Allāh (S) said that Imām al-Ḥasan (A) and Imām al-Ḥusayn (A) are the chiefs of the youth of paradise.

IN SUMMARY

1. Why is it necessary to respect our elders?
2. How can we show respect to our parents?
3. How can we show respect to our grandparents, uncles and aunts?
4. How can we show respect to the elderly in our community?

KEY POINTS

1. We must respect our elders at all times. Rasūl Allāh (S) said that respecting the elderly is like respecting Allāh (SWT).
2. The Aʾimmah (A) always respected and helped the elderly.
3. We should dedicate some time to spend with the elderly and learn from their many experiences.
WHO ARE THE MAʿṢŪMĪN (A)?

The 12 Aʾimmah (A) and Sayyidah Fāṭimah al-Zahrah (A) are the family of Rasūl Allāh (S). They are called the Ahl al-Bayt of Rasūl Allāh (S).

The 14 Maʿṣūmīn (A) are:

- Prophet Muhammad (S)
- Sayyidah Fāṭimah al-Zahrah (A)
- The 12 Aʾimmah (A)

The word Maʿṣūmīn is the plural of the Arabic word maʿṣūm. A maʿṣūm is someone who does not commit any sins.

Allāh (SWT) refers to the family of Rasūl Allāh (S) as Ahl al-Bayt in the Qurʾān:

إِنَّمَا يُرِيدُ اللَّهُ لِيُذْهِبَ عَنْكُمُ الرهِجْسَ أَهْلَ الْبَيْتِ وَيُطَهِّرَكُمْ تَطْهِيًْا

Indeed Allāh desires to repel all impurity from you, Oh People of the Household, and purify you with a thorough purification. [33:33]

This verse is known as Āyat al-Taṭhīr because it teaches us that Allāh (SWT) has purified the Maʿṣūmīn (A), so they are pure and sinless.

Rasūl Allāh (S) is the last and the best of Allāh (SWT)’s Prophets. When he was returning from his farewell Hajj, Allāh (SWT) asked him to appoint Imām ʿAlī (A) to become the leader of the Muslims after his death.

Imām ʿAlī (A) is our first Imām, and Imām al-Mahdī (A) is our 12th and last Imām. He is still alive and in ghaybah. He will reappear when Allāh (SWT) commands him to do so.

Whenever we say or hear the name of Imām al-Mahdī, we should say:

ʿAjal Allāh farajahu
May Allāh (SWT) hasten his re-appearance

Whenever we hear his name, we should stand up and put our hand on our head to show respect for him.
Allāh (SWT) created the nur (light) of Rasūl Allāh (S) and Imām ʿAlī (A) before creating everything else. This nur was passed down from Imām ʿAlī (A) and Sayyidah Fāṭimah (A) to the other 11 Aʾimmah (A).
THE STATUS OF A TEACHER

The fourth Imām, Imām Zayn al-ʿAbidīn (A) has said:

“A teacher has certain rights over his students:

First- that the students treat their teacher with great respect.

Second- that they listen carefully to what the teacher says.

Third- that they constantly face towards the teacher.

Fourth- that they concentrate fully in learning the lesson.

Fifth- that they appreciate and are thankful for their lesson.”

The respect towards a teacher is as great as that of a parent. A person who teaches you is giving you something more valuable than any other wealth, because knowledge is the greatest of all treasures. We should never insult or disrespect teachers. We should be quiet in their presence, so that we can listen attentively and learn from them.

All the anbiyāʾ (A) and Aʾimmah (A) were teachers and guides. Even your parents are your teachers, because they spend so much time bringing you up, and teaching you important lessons in life. You should obey a teacher the way you obey your parents.

Make the best use of your teachers, and learn from them while they are still around. This applies to all your teachers, whether they are at Madressa, school or elsewhere.
A teacher nourishes our minds and souls with knowledge just as a parent nourishes our bodies with food and water. Islam therefore asks us to respect teachers just like we do our parents.

Some of the rights of a teachers include:

- That we listen to them when they are teaching us and not disrupt their teaching.
- That we don’t argue with them or raise our voices at them.
- That we respect them like we do our parents, even outside the classroom.
- That we pray for them and continue to remember them even after we stop studying with them and after they have passed away.

Allāh (SWT) says in the Qurʾān that He sent messengers to teach human beings:

كَمَا أَرْسَلْنَا فِيكُمْ رَسُولًَ مِنْكُمْ يَتُلُو عَلَيْكُمْ آيََتِنَا وَيُزَكِّيكمْ وَيُعَلهِمُكُمِ الْكِتَابَ وَالِْْكْمَةَ وَيُعَلهِمُ مَا لََّْ تَكُونُوا تَعْلَمُونَ

As We sent to you a messenger from among yourselves, who recites to you Our signs, and purifies you, and teaches you the Book and wisdom, and teaches you what you did not know. [2:151]

**DID YOU KNOW?**

**KEY POINTS**

1. We should have a lot of respect for our teachers because they give us knowledge, which is the greatest treasure.
2. Teachers are as important as parents.
3. We should listen attentively to our teachers and learn from them.
4. We should appreciate our teachers, be thankful to them, and pray for them.

**IN SUMMARY**

1. Why are teachers considered so important in Islam?
2. Why should we respect our teachers?
3. What are some of the rights of teachers?
4. What can we do to show respect to our teachers?
5. Why is a teacher as important as a parent?
ANCESTORS OF RASŪL ALLĀH (S)

Rasūl Allāh (S)’s ancestors can be traced back to Nabī Ibrāhīm (A). They followed the religion (dīn) of Nabī Ibrāhīm (A) and never worshipped idols.

LEARNING OBJECTIVES

1. Who are the ancestors of Rasūl Allāh (S)?
2. Why is the family of Rasūl Allāh (S) known as Banū Hāshim?
3. Who are the Banū ʿUmayyah?

MY NOTES

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HĀSHIM

Hāshim was the father of ʿAbd al-Muṭṭalib, who was the father of ʿAbd Allāh, the father of the Holy Prophet (S). So Hāshim was the great-grandfather of Holy Prophet (S). He was a very wise and generous man. Once there was a great famine in Arabia.

Hāshim could not bear to see his people starving, so he used all his wealth to feed them by sacrificing his camels and purchasing flour for bread. He did this until the famine was over.

Hāshim also made sure that thieves would not attack the people who travelled to and from Makkah for trade. He convinced the thieves that if they stop attacking people on the road, they could also buy the goods at a reasonable price. And so people used to bring things to sell in Makkah and take things from Makkah to sell in their own countries such as Syria, Yemen, Ethiopia and Iran.

Soon the tribe of Quraysh in Makkah became rich and powerful. Makkah itself became a centre of trade.

Hāshim was also the leader of the Quraysh tribe and of the city of Makkah. He had inherited this from his father ʿAbd Manāf and his grandfather Qusayy.

Qusayy was a wise man. He was the leader of Makkah in his time, and in charge of the keys to the Kaʿbah. He used to feed the pilgrims, give them water, and was the commander of the Quraysh during war.

DID YOU KNOW

In the time of ʿAbd al-Muṭṭalib (Rasūl Allāh’s grandfather), people only knew that a well named Zamzam had existed in the past, but nobody knew where it was anymore.

One day, ʿAbd al-Muṭṭalib saw in his dream where the well was located. After four days of digging at that location, they found the well.

KEY POINTS

1. Rasūl Allāh (S) was from the tribe of Quraysh.
2. He was a descendant of Nabi Ibrāhim (A).
3. His father was ʿAbd Allāh, son of ʿAbd al-Muṭṭalib, son of Hāshim. Rasūl Allāh (S) was therefore the great grandson of Hāshim. This is why his family is known as the Banū Hāshim.
4. Rasūl Allāh (S) direct ancestors never worshipped idols.
ALLĀH (SWT) LOVES THOSE WHO HELP OTHERS

The best Muslims are those who help others solely to please Allāh (SWT) and don’t expect any praise or reward from people.

Volunteering in the community is an excellent way of helping others. We can volunteer at the masjid and other places where people need help such as food banks, charities and hospitals. Always volunteer your time cheerfully and help others solely for the sake of Allāh (SWT).

Imām Zayn al-ʿĀbidīn (A) loved serving people. There was once a group going to Makkah and Imām wanted to join them to perform Ḥajj. He didn’t tell them who he was.

One of the travellers said: “He seems like a pious Muslim who wants to go for Hajj. We should take him with us.”

The Imām (A) helped everyone throughout the journey, and did not shy away from any hard work.

At one of the stops between Madīnah and Makkah, the group met someone they knew. They welcomed him to stay for a bit.

As they sat down under the shade of a tree to talk about their journey, the man saw the Imām and recognised him straight away. The Imām was serving water to the people in the group.

He asked the people in the group if they knew who that man was.

They replied, “We don’t know him. He joined our group in Madīnah. He seems like a pious and religious man who loves to help others but doesn’t take help from others.” The man said, “No wonder you don’t know him! If you knew who he was, you would never let him do the work he is doing for you.”

“What is he?” they asked.

“He is Imām ʿAlī Zayn al-ʿAbidin (A), the son of Imām al-Ḥusayn (A)” the man replied.
The Aʾimmah (A) used to go out in the darkness of the night to distribute food to the poor. They would not disclose their identity because they did everything solely for the sake of Allāh (SWT).

Allāh (SWT) says in the Qurʾān [2:271] that it is good to give charity openly, but it is better to give it secretly. This would wipe away some of our sins.

DID YOU KNOW?

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Allāh (SWT) says in the Qurʾān [2:271] that it is good to give charity openly, but it is better to give it secretly. This would wipe away some of our sins.

All the Aʾimmah (A) helped people as much as they could. They never asked for any payment, praise or reward for the work that they did, because the best reward is only from Allāh (SWT). We must also help others only for the sake of Allāh (SWT), and not expect anything in return.

They apologised to him, but he said to them, “I only wanted to join your caravan and be with your group because you didn’t know me. When I travel with those who know me, they don’t let me help or do any work. That is why I always travel with those who don’t know me, so I can get the thawāb of serving them!”

IN SUMMARY

1. Why is it important for us to help others?
2. What can we do to help others?
3. According to the story in this chapter, why did the Imām (A) not tell the group who he was?

KEY POINTS

1. Islam places a lot of emphasis on helping others.

2. The Maʾṣūmīn (A) always helped people as much as they could. They did not tell people who they were because they did not want any special treatment from others, and did not expect anything in return. All their actions were only for Allāh (SWT).

3) The best reward for our good actions is from Allāh (SWT). We shouldn’t expect anything from those we help.
BANŪ HĀSHIM AND BANŪ UMAYYAH

Hāshim had a twin brother named ʿAbd al-Shams. He had a son called ʿUmayyah, who was very jealous of his uncle Hāshim. ʿUmayyah tried hard to make people like him by giving them gifts. However, Hāshim continued to attract the hearts of the people by his kindness and good actions.

Finally, ʿUmayyah openly challenged his uncle for the leadership of the Quraysh. He wanted them both to go to a wise man and let him decide between them.

Hāshim agreed on two conditions. He said that the loser should sacrifice 100 camels to feed the pilgrims in the Ḥajj season, and also leave Makkah for 10 years. ʿUmayyah agreed to these conditions.

When the wise man saw and heard the two men, he immediately said that Hāshim was more fit to rule, and so ʿUmayyah was forced to leave Makkah. He spent 10 years in Syria.

Ever since that day, the Banū ʿUmayyah (the children of ʿUmayyah) became the enemies of the Banū Hāshim.

Abū Sufyān, Muʿāwiyah and Yazīd are all descendants of ʿUmayyah and therefore, are part of Banū ʿUmayyah.

Rasūl Allāh (S), Imām ʿAlī (A) and all of the Ahl al-Bayt (A) are descendants of Hāshim and therefore belong to the Banū Hāshim.

SONS OF ʿABD AL-MUTTA利B

ʿAbd al-Muṭṭalib had 10 sons. The most famous among them are:

ʿAbd Allāh - The father of the Holy Prophet (S)

Abū Ṭalib - The father of Imām ʿAlī (A) and guardian of Holy Prophet (S)

Hamzah - Uncle of Holy Prophet (S)

ʿAbbās - Uncle of Holy Prophet (S)

Abū Lahab - He was an enemy of Islam
Hamzah and ʿAbbās supported the Holy Prophet (S). Hamzah was killed in the Battle of Uhud while defending Islam.

Abū Lahab hated the Holy Prophet (S) and tried to harm him. Allāh (SWT) has cursed Abū Lahab and his evil wife in the Qurʾān in sūrat al-Lahab (sūrah no. 111):

بِسْمِ اللَّهِ الرَّحْمَٰنِ الرَّحِيمِ

In the name of Allāh, the Beneficent, the Merciful

تَبَّتْ يَدَا أَبِّ لَََبٍ وَتَبَ

Perish the hands of Abu Lahab, be ruined! May he be ruined too!

مَا أَغْنََٰ عَنْهُ مَالُهُ وَمَا كَسَبَ

Neither his wealth availed him, nor what he had earned.

سَيَصْلَىٰ نََرًا ذَاتَ لَََبٍ

Soon he will enter the blazing fire,

وَامْرَأَتُهُ حََمالَةَ الَْْطَبِ

and his wife [too], the firewood carrier,

فِِ جِيدِهَا حَبْلٌ مِنْ مَسَدٍ

with a rope of palm fibre around her neck. [111:1-5]

DID YOU KNOW

ʿAbd al-Muṭṭalib was Rasūl Allāh (S)’s grandfather. He lived up to the age of 82.

He was known as Sayyid al-Bathā’, which means “the Chief of Makkah”.

IN SUMMARY

1. What is the name of Rasūl Allāh (S) family?
2. Who are Rasūl Allāh (S)’s father, grandfather and great grandfather?
3. Who was Hāshim?
4. How are the Banū ʿUmayyah related to the Banū Hāshim?
LEARNING OBJECTIVES

1. What does slander mean?
2. How is slander different from backbiting?
3. Why is slandering someone not permissible in Islam?

WHAT IS TUHMAH?

Slander is similar to backbiting, except that what is said about another person is not even true.

Slander can also be defined as false accusation. In Arabic, it is called tuhmah (or buhtān).

When we hear something bad about another person, we should not believe it straight away.

Allāh (SWT) says in the Qurʾān:

يَا أَيُّهَا الَّذِينَ آمَنُوا إِنْ جَاءَكُمْ فَاسِقٌ بِنَبَأٍ فَتَبَيَّنُوا أَنْ تُصِيبُوا قُومًا بِجَهَالَةٍ فَتُصِّبحُوا عَلَى مَا فَعَلْتُمْ نَادِمِينَ

O you who have faith! If an open sinner (fāsiq) should bring you some news, verify it, lest you should harm some people out of ignorance, and then become regretful for what you have done. [49:6]

Imām al-Ṣādiq (A) has said:

“When a muʾmin accuses his fellow Muslim brother or sister of something untrue (i.e. does tuhmah), his faith (īmān) dissolves like salt dissolves in water.”

We should therefore be very careful not to accuse somebody of something when we are not a hundred percent sure of what they have done and why. Sometimes somebody may do something wrong out of ignorance (they don’t know that what they are doing is wrong). Sometimes, we may not be aware of the entire situation, and the real intention behind that person’s actions. We should therefore give them the benefit of the doubt.

Even when we are definitely sure of what someone may have done, we should not go around telling everyone about it.

Q: How does tuhmah affect the community?

ACTIVITY

Draw a picture to show how you would feel if you came to know that your classmate was backbiting or slandering you.
WE SHOULD PROTECT OUR REPUTATION

We should be careful not to tarnish our own reputation. For example, we should not go to places or do things that will make people suspect us.

Imām ʿAlī (A) said:
“A person who goes to a place where sin is committed, will be accused of sin.”

For example, if a person goes to a pub with his work colleagues, he may be accused of drinking alcohol even though he does not drink.

Similarly, if a boy and girl who are not maḥram to each other hang out together all the time, and spend a lot of time together, their intentions may be questioned. At the same time, Shayṭān takes advantage of such situations and pushes us towards sin. We should therefore be very careful not to put ourselves in situations where we become vulnerable to sin.

On the other hand, when we see someone in a place where sin is committed, we should not be quick to accuse them of sinning.

The Qurʾān warns us not to falsely accuse others or slander them based on mere suspicion:

يَاٰ أَيُّهَا الَّذِينَ آمَنُوا اجْتَنِبُوا كَثِيرًا مِّنَ الظَّمْهَ إِنَّ بَعْضَ الظَّمْهِ إِنَّمَا تَأْبَى أَيُّهَّ الَّذِينَ يَشْرَبُونَ وَيَتَعْشَى وَيَكُونُ الْعَذَابُ عَلَيْهِمْ فَعَلَىٰ أَنْ يَذَّكَّرُوا قُلُوبَهُمْ إِنَّ الْمَلَأَ الْبَغَابُونَ مِنَ الْمَلَأِ كُتُبَ…

O you who have faith! Avoid much suspicion. Indeed some suspicions are sins. And do not spy on or backbite one another…. [49:12]

IN SUMMARY

1. What is the meaning of tuhmah?
2. What is the difference between tuhmah and ghibah?
3. Why is tuhmah harām? What effects does it have on a community?
4. How can we protect our reputation so that others do not doubt our actions?

DID YOU KNOW?

Abū Dharr once asked Rasūl Allāh (S). “Oh Rasūl Allāh, what is ghibah?” Rasūl Allāh (S) answered, “To say about your brother what he does not like to hear.”

Abū Dharr said, “What if that which is being said is true about that person?” Rasūl Allāh (S) said, “Know that if you mentioned what is really in him, that is considered to be ghibah, and if you spoke what is not really in him, then you have committed buhtān.”

KEY POINTS

1. Tuhmah is the Arabic word for “slander”, which means falsely accusing someone of something they have not done.

2. In ghibah, what is said about another person is true, but in tuhmah it is untrue. Both are grave sins.

3. When we hear something negative about another person, we should not believe it straight away.

4. We should be careful not to put ourselves in a situation where others may suspect us of wrongdoing.
During the time of ʿAbd al-Muṭṭalib, the king of Yemen marched with his army towards Makkah to destroy the Kaʿbah. He was very jealous of the Kaʿbah and wanted to build a big temple in Yemen so that people would go to Yemen for Ḥajj instead of Makkah.

The King of Yemen was called Abrahah. He had many elephants, so he took all his army and his elephants, and marched to Makkah.

When King Abrahah and his army reached Makkah, he took away many camels that belonged to ʿAbd al-Muṭṭalib. ʿAbd al-Muṭṭalib went to meet him and told the King to return his camels.

Abrahah was very surprised and said: “I have come to destroy the Kaʿbah. You are the Chief of Makkah, and you are worried about your camels?”

ʿAbd al-Muṭṭalib was a wise man. He replied: “The camels belong to me. So I have to protect them. The Kaʿbah too has an owner (Allāh (SWT)). He will protect it.”

Abrahah laughed at ʿAbd al-Muṭṭalib and gave him his camels back. Then he ordered his army to go into Makkah with their elephants and destroy the Kaʿbah. ʿAbd al-Muṭṭalib prayed to Allāh (SWT) to save the Kaʿbah.
The story of the elephant has been mentioned in the Qur’an in sūrat al-Fīl.

The Holy Prophet (S) was born in Ām al-Fīl.

DID YOU KNOW

1. Abrahah was the king of Yemen. He was jealous of the Ka’bah and wanted to destroy it so that no one would go to Makkah for pilgrimage.
2. He brought a large army of elephants to destroy the Ka’bah.
3. Allāh (SWT) sent a flock of birds with stones in their beaks and feet. They threw the stones on Abrahah’s army, killing everyone.

IN SUMMARY

1. Why was Abrahah jealous of the Ka’bah?
2. What animals did he bring to destroy the Ka’bah?
3. What did ‘Abd al-Muṭṭalib say to Abrahah when he went to get his camels?
4. How did Allāh (SWT) save the Ka’bah?
5. Which famous personality was born that year?

From that time onwards, everyone called that year, “The Year of the Elephant” (Ām al-Fīl). ‘Abd al-Muṭṭalib thanked Allāh (SWT) for saving the Ka’bah and Makkah from the evil King Abrahah.
HOW DID RASŪL ALLĀH (S) TALK TO PEOPLE?

Rasūl Allāh (S) is the perfect role model for us. He was always polite when speaking to others. However, some people did not speak to him politely. They would talk loudly and argue with him. Sometimes, they would come to his house and shout for him to come out. Allāh (SWT) revealed the following verse to teach people how to talk to Rasūl Allāh (S):

يَا أُيُّهَا الَّذِينَ آمَنُوا لا تَرْفَعُوا أصْوَاتَكُمْ فَوقَ صَوْتِ النَّبِيِّ وَلَا تَعْلَوْنَهُ بِالْقُولِ كَجَهْرِ بَعْضِكُمْ لِبَعْضٍ أَنْ تَبْطَ أَعْمَالُكُمْ وَأَنْ تُمْلَأْنَ أَنْ تَشْعُرُونَ

O you who have faith! Do not raise your voices above the voice of the Prophet, and do not speak aloud to him as you shout to one another, for then your good deeds will be wiped out without your being aware. [49:2]

Rasūl Allāh (S) taught us how to speak to others through his own behaviour:

- He was the first in greeting other people.
- If he wished to speak to someone, he would look at him/her while speaking and have a smile on his face.
- If a person made an error while speaking, he would not call him to account for what was said.
- He respected people of all classes and ranks. Every person who met him felt as if he was the most honoured person in the sight of the Holy Prophet (S).
- Whenever he was in a gathering, he never chose a specific place to sit; rather, he sat in whatever spot was empty.
- He fulfilled the needs and requests of those who came to him and if he was not able to, then he would at least make them pleased with a kind word.
- He never raised his voice while speaking.
- He was tolerant of bad etiquette from those who did not know better and those who were strangers.
- He respected the elders and the children.
- He spoke very little and listened attentively to others. He never cut short the speech of anyone else.
LUQMĀN’S ADVICE TO HIS SON

Luqmān was a very wise man. He gave beautiful advice to his son, which Allāh (SWT) liked so much that it has been recorded in the Qur’ān in sūrat Luqmān. For example:

O my son! Maintain the prayer and enjoin what is just and forbid what is wrong, and bear patiently that which befalls you. Surely these acts require courage.

Do not turn your face away from the people (out of pride and contempt), and do not walk arrogantly on the earth. Indeed Allāh does not like any arrogant boastful person.

Be moderate in your pace, and lower your voice. Surely the most hateful of voices is the braying of a donkey.

[31: 17-19]

In verse 19, Luqmān advises his son to lower his voice (speak softly), because talking loudly, arguing and shouting is just like the braying of a donkey.

What types of actions and thoughts should we keep away from?

- Backbiting
- Rumours and gossip
- Making fun of others and giving others bad nicknames
- Finding faults in others or spying on them
- Thinking bad of others. We should always think positively of others
- Vain talk (talk from which we gain no benefit)

KEY POINTS

1. Sūrat al-Ḥujurāt taught people how to talk to others, especially Rasūl Allāh (S).
2. We must be polite and face people when we speak to them. We should listen attentively and not interrupt them.
3. Luqmān advised his son to be patient and humble, and not be proud and arrogant. He also taught his son to speak in a soft voice because shouting and quarrelling is just like the braying of a donkey.
4. We must keep away from backbiting, gossiping, fault-finding, and rumours, and calling each other with bad nicknames and vain talk.

DID YOU KNOW?

The Mouth Test
Before you speak always take the Mouth Test:
- Is it useful?
- Is it hurtful?
- Is it true?

And Most Importantly...
Will Allāh (SWT) be pleased with my words?
KNOWING THE IMĀM OF OUR TIME

Imām al-Mahdi (A) is the Imām of our time. He was born on Friday 15th Sha'bān 255AH. He is the 12th and last Imām of Islam from the Ahl al-Bayt of the Holy Prophet (S). Allāh (SWT) has blessed him with a very long life. He is currently in ghaybah, so we cannot see him. When Allāh (SWT) wills, he will re-appear and spread peace and justice on the earth.

His name is Muḥammad – the same as the name of the Holy Prophet (S) – but he is never referred to by his own name. Instead, we call him by his titles. He has many titles, some of which are:

- al-Mahdī (the one guided by Allāh)
- al-Qāʾim (the one who will rise to establish justice)
- al-Ḥujjah (the proof of Allāh)

WHY IS IT IMPORTANT TO KNOW THE IMĀM OF OUR TIME?

Our Aʾimmah (A) are our guides. They have been appointed by Allāh (SWT) to guide us to the right path. Allāh (SWT) has given them all complete knowledge of His religion, so they are the best teachers. This is why it is very important to know all the Aʾimmah (A) and follow their teachings.

It is also more important to know the Imām of our time. He is Allāh (SWT)’s ḥujjah on earth, and all of Allāh (SWT)’s blessings come to us through him. We should always pray for his safety and re-appearance, so that we can be with him and serve him.

Rasūl Allāh (S) said:

“One who dies without knowing the Imām of his time dies the death of Jāhiliyyah.”

Jāhiliyyah refers to the period of ignorance. This was the time before Islam when people in Arabia worshipped idols.

WHAT IS GHAYBAH?

After the death of his father, the 12th Imām (A) went into ghaybah. This means that he disappeared, and people could not see him. However, his close companions could communicate with him through his representatives, who were in contact with him. These representatives became a link between the Imām and his followers. This ghaybah lasted 69 years, and is known as the “minor occultation” (al-ghaybah al-ṣughrā).
At the end of al-ghaybah al-ṣughrā, Imām al-Mahdī (A) went into the “major occultation”, called “al-ghaybah al-kubrā”. This ghaybah has lasted until today. In the major ghaybah, the Imām has not appointed any direct representatives. He has asked us to follow those who are knowledgeable in religion, and he continues to guide us even though we cannot see him.

<table>
<thead>
<tr>
<th>Al-Ghaybah al-Sughrā</th>
<th>260 AH - 328 AH</th>
<th>The Imām appointed 4 representatives one after the other</th>
</tr>
</thead>
<tbody>
<tr>
<td>Al-Ghaybah al-Kubrā</td>
<td>328 AH - present</td>
<td>The Imām has not appointed any direct representative</td>
</tr>
</tbody>
</table>

The last representative of the Imām was ‘Alī ibn Muḥammad al-Sammarī. 6 days before he died, he received a letter from the Imām telling him to inform the Shīʿāhs that the Imām would not appoint any representative after him, and that al-ghaybah al-kubrā had begun.

DID YOU KNOW

Imām al-Mahdī (A) goes for Hajj every year, and meets his true followers.

Imām (A) is in ghaybah, which means that although we may see him, we do not recognise him.

MY NOTES

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KEY POINTS

1. Imām al-Mahdī (A) was born on 15th Sha‘ban 255 AH.

2. His name is the same as Rasūl Allāh (S), but we refer to him using his titles.

3. Rasūl Allāh (S) said that one who dies without knowing the Imām of his time dies the death of Jāhiliyyah.

4. Imām al-Mahdī (A) is in ghaybah and will reappear when Allāh (SWT) wills.
DEEDS WHICH BRING HAPPINESS IN OUR LIVES

Allāh (SWT) says in the Qurʾān:

إنَّ الَّذِينَ آمَنُوا وَعَمِلُوا الصَّالِحَاتِ وَآتَوْا الزَّكَاةَ هُمُ أَجْرَهُمْ عِنْدَ رَبِّهِمْ وَلَا خَوْفٌ عَلَيْهِمْ وَلَا هُمْ يَغْرَرُونَ

Those who believe, and do good deeds, and establish regular prayers and regular charity, will have their reward with their Lord: on them shall be no fear, nor shall they grieve. [2:277]

Everyone wants to be happy in life. Some people feel that money and possessions will make them happy. Others feel that friends will make them happy. However, true happiness comes from deeds which make Allāh (SWT) pleased with us.

We have been told in the Qurʾān and aḥādīth that the following deeds bring happiness:

- Waking up early in the morning for ṣalāt al-layl and ṣalāt al-Fajr.
- Saying "Salāmun ʿAlaykum" to parents and asking them if there is anything you can do for them.
- Reciting Qurʾān in the morning before going to school or work.
- Giving help to those in need.
- Giving charity to the poor.
- Praying on time.
- Speaking the truth at all times.
- Inviting guests to one’s house.
- Being in wuḍūʿ at all times.
- Praying ṣalāh in jamāʿah (congregation).

ACTIVITY

Make a list of things you will do next week to keep you happy.
DEEDS WHICH BRING SORROW

Not praying on time
Eating even after you are full
Laughing at other people’s mistakes
Sleeping more than is required
Telling Lies
Being stubborn and rude to others
Sulking
Thinking you are better than everyone else
Remaining in the state of najāsah

IN SUMMARY
1. Which deeds bring happiness?
2. Which deeds bring sorrow and grief?
3. Why can money not bring true happiness?

DID YOU KNOW?
Rasūl Allāh (S) said to his companions: “I swear to Allāh in Whose hand my life is, that you cannot attain Paradise and eternal happiness unless you have faith, and you cannot have faith unless you love each other.”

KEY POINTS
1. True happiness comes from obedience to Allāh (SWT).
2. Allāh (SWT) says in the Qurʾān that those who believe, do good deeds, pray on time and give regular charity will not be unhappy.
3. Money cannot bring true happiness.
4. Deeds which bring sorrow include overeating, oversleeping, pride, lying, laughing at others, not praying on time and remaining najis.
A PEACEFUL HOME

A peaceful and comfortable home is a blessing from Allāh (SWT). Islam encourages every family to live in a comfortable house where they can find rest and happiness. The home provides shelter and rest after a hard day’s work. It is also a place where the family spends time together.

Why is it necessary to provide comfort for the body?

The comfort of the body is important because a healthy body and peaceful surroundings lead to a healthy mind and soul, which can worship Allāh (SWT) and get close to Him. A soul which is not at peace, and a mind which is full of worries or negative thoughts cannot allow us to concentrate in our ṣalāh and other acts of worship.

We should not become obsessed with our homes. Some people want very big mansions, which they don’t really need. Some people buy very expensive things for their homes or buy too many things which are not necessities. This is considered to be extravagance (isrāf), which is not allowed in Islam.

In order to be successful, we should invest our time and energy to acquiring this world and the Hereafter according to the amount of time we are going to spend in each of these 2 places. However, most people spend their entire lives chasing after this world and forget to prepare for the Hereafter which is everyone’s final and permanent home. Just like it doesn’t make sense for a family which has gone abroad on holiday to spend their entire trip decorating their hotel room; in the same way, it would be foolish for us to spend our entire life chasing after this world, when our real home is in the Hereafter, where we will stay forever.

A Muslim may decorate his/her home and own all necessary furniture, but the main purpose of the home is comfort, not luxury or extravagance. We should not buy things to show off to others. We should also not be proud and boastful.

THE HEREAFTER IS OUR HOME

O my people! This life of the world is only a [passing] enjoyment, and indeed the Hereafter is the permanent home. [40:39]
When Rasūl Allāh (S) migrated to Madīnah from Makkah, the people of Madīnah were overjoyed and everyone wanted him to stay at their house. Rasūl Allāh (S) told them he would stay wherever his camel stopped. It stopped at the house of Abū Ayyūb al-Anṣārī, where Rasūl Allāh (S) stayed for a few days until his own house was built.

**DID YOU KNOW?**

In the above verses, and in many other verses in the Qur’ān, Allāh (SWT) tells us that life in the Hereafter is much better than the life of this world. It is also our permanent home. We should therefore spend more time preparing for our permanent home in the Hereafter, rather than using all our time and energy for this world.

However, this does not mean that we should forget about this world and spend our entire time in prayers. Studying hard at school, spending time with our friends and also looking after our bodies by playing a lot of sports, can also count as worship of Allāh (SWT) if we do these things with the intention of pleasing Allāh (SWT).

Q: If Imām al-Mahdī (A) reappeared today and wanted to visit you, would you be comfortable inviting him to your home?

**KEY POINTS**

1. Everyone must have a good home because it provides shelter and rest.

2. A Muslim’s home must be clean and comfortable. It should be a place where one can worship in peace and with concentration.

3. It should not have objects which are ḥarām and cause distraction and discomfort.

4) There should be a balance between working for this life, and preparing for the Hereafter, because the Hereafter is our permanent home.
CLEANLINESS IS PART OF FAITH

Being clean is very important in Islam. Allāh (SWT) says in the Holy Qurʾān that He loves those who are clean. We should always wear clean clothes and keep our rooms clean.

The Holy Prophet (S) said:

- “Cleanliness is part of faith.”
- “Allāh is pure and He loves the pure. He is clean and He loves the clean.”
- “Be clean in every way you can because Allāh built Islam on cleanliness and only the clean will enter Jannah.”

It is said that cleanliness is next to Godliness. This is because Allāh (SWT) is pure, and He loves everything that is pure. Therefore, if we want to be close to Allāh (SWT), we must purify ourselves both physically and spiritually.

Allāh (SWT) says in the Holy Qurʾān:

إِنم اللَّمَ يَُِبُّ الت مومابِيَْ وَيَُِبُّ الْمُتَطَههِرِينَ

“truly Allāh loves those who turn to Him constantly and He loves those who keep themselves pure and clean” [2:222]

How can we purify ourselves spiritually?

The Holy Prophet (S) also taught us to keep our houses clean and free of cobwebs, dust and dirt, because these bring poverty and are the houses of the shayṭān.

Imām ʿAlī al-Riḍā (A) has said:

“Cleanliness is the akhlāq of prophets.”

As good Muslims, we must always make sure our bodies and clothes are clean, as well as our homes, the spaces we study and work in and especially our bedrooms. Dirt causes sickness and diseases and makes it hard for us to keep our thoughts clean.

ALLĀH (SWT) LOVES THOSE WHO ARE CLEAN

A man who once entered the masjid of the Holy Prophet (S) while he was very dirty and shabbily dressed. When the Holy Prophet (S) saw the man, he came near him. He saw the man had dust and sand all over his face, his hair was untidy and his hands were not washed. His mouth was stinking and his clothes were not neat. The Holy Prophet (S) got upset because of the way the man looked. He said to him: “Why do you live like this? Don’t you know that cleanliness is a part of
Islam teaches us to take good care of our bodies and not neglect them. However, Islam also condemns excessive attention to physical beauty while forgetting to improve our inner beauty (i.e. our character). Constantly worrying about our looks not only wastes a lot of our time and money but also keeps us busy with the world and what people think of us. It makes us forget Allāh (SWT) and the Hereafter. We should instead consider spending more of our free time gaining knowledge and thinking of what we can do for Islam and humanity.

Which room would you like to have?

Imam al-Bāqir (A) said:

The reward of a 2 rak'ah ṣalāh after brushing the teeth is more than 70 raka'āt without brushing.

**IN SUMMARY**

1. Why does Islam place so much importance on cleanliness?
2. Why is it important to keep ourselves and our surroundings clean?
3. What does the Qur'ān say about cleanliness?
4. What do the Maʿṣūmīn (A) say about cleanliness?

**DID YOU KNOW?**

Jibrāʾīl instructed the Holy Prophet (S) on many occasions to brush his teeth. In fact, he put so much emphasis on brushing teeth that the Holy Prophet (S) thought it would be made wājib. The Holy Prophet (S) brushed his teeth before every ṣalāh.

**KEY POINTS**

1. Islam places a lot of importance on cleanliness.
2. Cleanliness is part of faith. It is also next to Godliness.
3. The Holy Prophet (S) said that cleanliness is part of religion.
4. The Qur'ān teaches us that Allāh (SWT) loves those who are clean and pure. He has made water for us to keep ourselves clean.
TOILET MANNERS

You should go to the washroom as soon as you need to and not wait to finish what you are doing.

Enter the washroom with your left foot.

Wear slippers, because the floor may be wet and dirty.

Make sure you have water to wash yourself after using the toilet. If you are using a public toilet (e.g. at school), take some water in a cup. If there is no cup, then after you have used the washroom, clean yourself with a wet tissue.

When you get home, tell your parents that you used tissue and not water, so your underwear is najis and has to be washed.

When you go to the washroom, SIT on the seat. DO NOT STAND to urinate.

When you are done, then wash yourself 3 times.

If you cannot wash yourself, call someone to wash you.

Wipe yourself dry.

Get off the toilet seat and put your clothes on again.

Remember to wipe the seat flush the toilet before you leave!

Leave the washroom with your right foot.

Then wash your hands with soap and water and wipe them dry.

Remember not to talk while you are in the washroom.

ACTIVITY

You are on holiday and staying at a hotel. Discuss in pairs how you would find out whether the toilet was facing the qiblah or not, and what you would do if it was facing the qiblah.
WHEN GOING TO THE TOILET...

Remember that when you are sitting on the toilet you should not face or have your back to qiblah. If the toilet is facing qiblah then sit a little sideways.

Remember to ask permission before using a bathroom on someone else’s property. It is okay to use a public toilet without permission, as it is there for the public.

Remember to cover yourself properly as it is not allowed to show one’s private parts to others, or to see other people’s private parts.

Remember not to relieve yourself in a place where it would be considered disrespectful, such as in a public place or graveyard.

Remember that it is mustaḥab to go to the toilet before ṣalāh and before going to sleep.

DID YOU KNOW?

Do you know how to find the qiblah direction?

There are several ways in which you can find the qiblah, but the easiest way is to use a compass, so remember to take a compass with you when travelling!

KEY POINTS

1. Go to the toilet as soon as you need to.
2. Wear slippers and ensure your body and clothes do not get najis.
3. After using the toilet, wash yourself with water three times.
4. Ensure that you do not face the qiblah or have your back towards qiblah when using the toilet.

IN SUMMARY

State whether the following statements are true or false:

1. Before using the toilet, we should ensure it is not facing qiblah.
2. We should leave the toilet with the right foot.
3. It is okay to stand and urinate.
4. We can find the qiblah using a compass.
LEARNING OBJECTIVES

1. Learn the adab of eating and drinking
2. Learn what to say before and after eating

MY NOTES

DUʿĀ BEFORE EATING

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيم

When there are guests in the house, the host should be the first to start eating and the last to finish. This will also help the guest not to feel shy and to eat comfortably.

When drinking water at night, always sit and drink.

When drinking water remember the tragedy of Imām al-Ḥusayn (A) by saying:

السَّلَامُ عَلَيْكَ يا أَبَا عَبْدِ اللَّه

Peace be on you, Oh Abā `Abd Allāh

Never drink water in one gulp. Drink slowly and take at least 3 sips.

GROUP ACTIVITY

Pretend that you are sitting around the dinner table having dinner. Can you think of good table manners and bad table manners?
If a bee consumes fermented nectar from a flower or fruit, it gets drunk. The drunk bee is not allowed to enter the bee hive. The other bees punish the drunk bee and throw it out of the hive!

In the Qurʾān, there is a sūrah called al-Nahl (The Bee - sūrah number 16), which talks about Allāh (SWT)’s wonderful creation of the bee and the healing properties of honey.

**WHAT YOU SHOULD NOT DO**

- Never eat at a table where there is alcohol.
- Don’t blow into your food or drink if it is hot. Wait for it to cool down.
- Never fill your plate and waste food. Put a little and add more if you are still hungry. Even if crumbs fall on the table, pick them up and eat them if they are clean.
- Never eat unless you are hungry and never overeat. Stop eating when you think you are almost full.
- Never look at other people’s plate to see how much they are eating, or at their face when they are eating.
- Never talk with food in your mouth.
- Our food, or nutrition, is like the seeds of plants. The type of food we eat nurtures good or bad qualities in us. If we eat ḥarām food, it will have negative effects on our souls.

**DID YOU KNOW?**

If a bee consumes fermented nectar from a flower or fruit, it gets drunk.

The drunk bee is not allowed to enter the bee hive. The other bees punish the drunk bee and throw it out of the hive!

In the Qurʾān, there is a sūrah called al-Nahl (The Bee - sūrah number 16), which talks about Allāh (SWT)’s wonderful creation of the bee and the healing properties of honey.

**KEY POINTS**

1. Say Bismillāh before you start eating.

2. Make sure that the food you are eating is ḥalāl.

3. Wash your hands before and after eating.

4. Drink water in small sips, and remember Imam al-Ḥusayn (A)’s suffering in Karbalā’. At night, sit down and drink water.

5. Say al-ḥamdu lillāh when you finish eating.

**IN SUMMARY**

1. What should we say before we start eating?
2. What should we say when we finish eating?
3. What is the Islamic adab of drinking water?
4. What are some of the things we should DO when eating?
5. What are the things we should NOT DO when eating?
**WHY DO WE SLEEP?**

Allāh (SWT) says in the Qurʾān that He made sleep for us to rest [78:9]:

وَجَعَلْنَا نَوْمَكُمْ سُبَاتًاَ

Sleep is a blessing from Allāh (SWT). It allows the body and mind to recover. Without sleep, our mind and body cannot function.

**Before going to bed, we should:**
- use the washroom
- brush our teeth
- perform wuḍū’
- Say fi amānillāh ("May you be in Allāh (SWT)'s protection") to everyone at home

Before sleeping, think of your day and all the things you did. What did you do well and how can you improve on these things tomorrow? What did you do which was wrong and how can you avoid repeating these mistakes in the future? Thank Allāh (SWT) for giving you the chance to do the good deeds you performed today. Then ask Allāh (SWT) for forgiveness for any sins you may have committed and ask Him to help you avoid repeating those sins.

When sleeping, it is mustaḥab to lie on your right side. Never sleep on your stomach with your face down.

Recite some verses of the Qurʾān and recite the kalimah. It is recommended to recite āyat al-kursī and sūrat al-Ikhlāṣ 3 times. The reward for this is the same as reciting the entire Qurʾān.

Whenever Rasūl Allāh (S) used to sleep, he would say:

أَلْلَهُمَّ بِإِسْمِكَ أَحْيَانََ أَمُوتَ

O Allāh! In Your name I live and I die.

And when he wake up, he would say:

أَحْمَدُ اللَّهَ الَّذِي أُحْيِانَا بِعِيدَةَ أَمَاتِيَ وَ إِلَيْهِ النُّشُور

Praise be to Allāh who gave us life after death and to Him we will return.
Imām Khomeinī gave a lot of importance to his daily ṣalāh. He was once arrested by the Shāh’s soldiers, and taken to Tehran. On the way, it was time for fajr so he asked the soldiers to stop the car so he could perform wuḍū’ and pray, but they refused to do so. He had no option but to perform tayammum on dust, and pray in a moving car, with his back towards qiblah. He said, “That day I prayed with tayammum, my back towards Qiblah, and in a moving vehicle. Perhaps those 2 units of prayer will achieve God’s pleasure.”

THE IMPORTANCE OF WAKING UP EARLY

When we sleep, Allāh (SWT) temporarily takes our souls. He then sends them back to our body, so we can wake up. We must thank Allāh (SWT) for giving us another day to live. We should make every day special, because we don’t know when our time on this earth will end.

When you wake up:
- go to the washroom
- brush your teeth
- perform wuḍū’ again
- greet those who are already awake by saying salāmun ‘alaykum ("Peace be upon you")

It is makrūh to sleep at the time of maghrib and fajr. Worshiping Allāh (SWT) at these times increases our rizq (sustenance) and protects us from the Hellfire. It is mustaḥāb to stay awake and worship Allāh (SWT) until sunrise. If we are not able to stay awake until sunrise, we should try and at least recite some Qur’ān, tasbīḥ, and duʿā’ after ṣalāt al-fajr before going back to bed.

Allāh (SWT) says in the Qur’ān:

وَقُرْآنَ الْفَجْرِ إِنم قُرْآنَ الْفَجْرِ كَانَ مَشْهُودًا

…and recite the Qur’ān at dawn - dawn recitation is always witnessed. [17:78]

It is makrūh to sleep unnecessarily and too much. Sleep is to allow the body to rest and re-energise. Islam encourages us to sleep early and rise early instead of sleeping late and waking up late.

When the days are long and it is hot, it is also recommended to take a short nap closer to noon, before the time of ṣalāt al-zuhr.

Sleep the sleep of the mindful, do not sleep the sleep of the heedless. Those who are mindful sleep only for rest, and do not purposely sleep through laziness

IN SUMMARY

1. What is the purpose of sleep?
2. What are the mustaḥāb (recommended) acts before going to sleep?
3. What acts are mustaḥāb when we wake up?
4. When is it makrūh to sleep?
HOW SHOULD WE DRESS?

The Qur’ān tells us that clothing should be used to cover ourselves from being naked and to make us look good. So we dress in order to:

1. hide our nakedness
2. protect ourselves (e.g. from the cold or injury)
3. make ourselves presentable before others

Islam also teaches us to dress modestly. Modest and decent clothing is clothing that is not too tight or short such that they reveal the shape of the body.

When putting on clothes or removing them, always ask Allāh (SWT) to protect you from shayṭān by saying “aʿūdhū billāh min al-shayṭān al-rajīm” and “Bismillāh al-Raḥmān al-Raḥīm”.

Having many clothes is okay if we are using them all, but we should not hoard clothes and keep buying and collecting new ones while our wardrobes are full of clothes we no longer wear. Instead we should give away clothes we don’t wear to charity so that others can benefit from them.

Our clothes should be clean. Imām ʿAlī (A) has said:

"Clean clothes remove sorrow and makes our ṣalāh acceptable."

Our clothes should also be simple. Wearing expensive clothes even when there is no occasion, just to show off or to keep up with the latest fashion, is not recommended because it encourages us to give more importance to our body than our soul and it makes others jealous and even hurts the feelings of the poor who cannot afford such clothes.

Instead of buying very expensive clothes, we should ‘adorn’ ourselves with good manners and a lot of knowledge so that even the poor may imitate our behaviour. People should love us because of our character and not our money.

WHY SHOULD WE DRESS MODESTLY?

Indecent dressing means to dress disrespectfully by wearing clothes that reveals the shape of the body and attract wrong attention from others. Even if the body is covered, if what we are wearing is tight and/or see-through, than according to Islamic standards, it is classified as indecent.
Rasūl Allāh (S) has said:

“It is not right for a person to stay naked whether during the day or night.”

This means we should never be without clothes for no reason, even when we sleep. This prevents shayṭān from making us think sinful thoughts.

If we see someone dressed indecently, the Qurʾān commands us to look down or turning our gaze elsewhere.

قُل لِلْمُؤْمِنِيَْ ي َغُضُّوا مِنْ أَبْصَارِهِمْ وَيََْفَظُوا ف ُرُوجَهُمْ ۚ ذَٰلِكَ أَزْكَىٰ لََُمْ إِنم اللَّمَ خَبِيٌْ بَِِا يَصْن َعُونَ

وَقُلْ لِلْمُؤْمِنَاتِ ي َغْضُضْنَ مِنْ أَبْصَارِهِنم وَيََْفَظْنَ فُرُوجُهُنم ...

Say to the believing men that they cast down their looks and guard their private parts; that is purer for them; surely Allāh is Aware of what they do. And say to the believing women that they cast down their looks and guard their private parts ...

[24:30-31]

IN SUMMARY

1. What type of clothes should we wear?
2. What type of clothes should we not wear?
3. Why is it important to wear decent clothes?
4. Why is it good to wear simple clothes?

DID YOU KNOW?

Imam ʿAlī (A) said:

“The eye is the spy of the hearts and the messenger of the intellect; therefore lower your gaze from whatever is not appropriate to your faith...”
ALLĀH (SWT) IS THE MOST KIND AND THE MOST MERCIFUL

When we say that Allāh (SWT) is the most Kind and the most Merciful, we mean that He is the kindest and always helps everyone. Allāh (SWT) has been very kind to us, so we should also be kind to Allāh (SWT)’s creation. This means that we should always help those who are in need and forgive those who do something wrong.

It is good to help someone who asks for help, but it is even better to help someone who is in need but hasn’t asked for help. If we know someone is in difficulty, we should not wait for them to come to us for help. Some people may feel ashamed to ask for help, or they may not ask for help because they don’t want to disturb others. We should help them in such a way that they don’t feel embarrassed. We shouldn’t make them feel they have to return the favour. We should never disclose their problems, and shouldn’t unnecessarily tell anyone when we help someone.

To be kind also means being gentle and friendly, and to care for people, animals and the environment.

WHAT SHOULD WE DO IF WE ARE NOT ABLE TO HELP?

We can also show kindness by thinking of people in need, and remembering them in our prayers. If we are not able to help them, we should pray to Allāh (SWT) and ask Him to help them.

Kind-hearted people do not get angry easily and do not shout when someone makes a mistake or does something annoying. They don’t bully others. Instead, they are always polite and speak softly. They are loved by others.

It is not always easy to be kind, especially when someone is bad to you. If you can be kind and gentle even to those who are mean, you will please Allāh (SWT) and be able to resolve the problem. If you are mean to someone who is mean to you, the problem will only get worse, and neither of you will benefit.
An old lady used to throw garbage at Rasūl Allāh (S) whenever he passed by her house. One day, he was walking along her street and didn’t see her. He inquired about her and her neighbours said that she was ill. Rasūl Allāh (S) went to her house to visit her and was kind to her.

**DO YOU REMEMBER**

**KEY POINTS**

1. Allāh (SWT) is the most Kind and the most Merciful.
2. Islam teaches us to show kindness to others, as well as care for the animals and the environment.
3. We should help those who are in need even if they don’t ask for help.
4. Allāh (SWT) loves those who are kind to others, and forgives those who forgive others.

**IN SUMMARY**

1. Allāh (SWT) is the most Kind and the most Merciful. How has He shown kindness to us?
2. What should we do if we are not able to help someone in need?
3. Why should we help people even if they don’t ask us for help?

**MY NOTES**

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When we are kind to others, we should not force them to be kind and do good. If we see someone doing something wrong, we should politely explain their mistake to them.

When we help others, we should not demand that they do something in return for us. When we try and force people to do that which we want, we are bullying them and being unkind. Even if it is something religious, we should only remind and recommend others to do what is right and keep away from what is wrong. We cannot force anyone.

Allāh (SWT) tells us in many places in the Qurʾān that He loves people who forgive others when they do wrong, and He forgives those who forgive others:

وَالْكَاطِمِيِّنَ الْعَيْظَ وَالْعَافِيِّنَ عَنْ النَّاسِ وَاللَّهُ يُحْبِبُ الْمُحْسِنِيِّنَ

(the pious Muslims are those who) suppress their anger, and excuse (the faults of) the people, and Allāh loves those who do good (to others). [3:134]

وَلْيُعْفَوا وَلْيَصْفَحُوا أَلََ تَُِبُّونَ أَنْ يَغْفِرَ اللَّهُ لَكُمْ وَاللَّهُ غَفُورٌ رَحِيمٌ

and let them (the faithful Muslims) excuse and overlook (the fault of others). Do you not love that Allāh should forgive you? And Allāh is forgiving, merciful. [24:22]
LEARNING OBJECTIVES

1. What does the Qur’an say about lying?
2. Why is lying such a great sin?
3. To understand that lying opens the doors to other sins.

A LIAR CANNOT BE A BELIEVER

إِنَّمَا يَفْتََي الْكَذِبَ المذِينَ لََ يُؤْمِنُونَ بِِيََتِ اللَّمِ وَأُوْلَئِكَ هُمُ الْكَاذِبُونَ

Only those people tell lies who do not believe in the signs of Allāh, and it is they who are the liars. [16:105]

The above verse tells us that a person who lies is not a believer.

Imām ʿAlī (a) has said:

“A person will never taste the sweetness of faith (īmān) until he or she gives up lying, seriously or in jest.”

Islam places a lot of emphasis on honesty and truthfulness. Rasūl Allāh (S) was always honest. He was known as “the truthful one” (al-Ṣādiq) even by his enemies.

One of the qualities of Jannah is that there is no lies spoken there.

لا يَسْمَعُونَ فِيهَا لَغْوًا وَلََ كِذمابًِ

Therein they shall hear neither vain talk nor lies. [78:35]

If we wish to be among the people of Jannah, we should neither lie nor listen to lies. When we know someone is lying and we cannot stop them, we should simply stand up and leave. If we tolerate liars or laugh with them, it gives them the impression that “lying is okay” or normal. Instead we should express our disappointment when someone lies and remind them of the evils of lying.

Islam does not allow lying even whilst joking, unless of course everyone listening to the joke knows it is not true. Rasūl Allāh (S) has said:

“Allāh removes his Mercy from the liar, even if he lied in jest.”

This means that we should avoid lying even if we are joking and don’t really mean it. This is because by doing this, we unknowingly form a habit of lying, such that it becomes normal for us to lie in other situations as well. Also, by forming a habit of lying, we lose the trust of other people, such that they might not believe us even when we are speaking the truth.

GROUP ACTIVITY

In small groups, discuss the reasons why people lie.
LYING LEADS TO OTHER SINS

A man once said to Rasūl Allāh (S) that he committed many sins but was willing to give up one of them. Rasūl Allāh (S) told him to give up lying. The man thought he got off easy. But the next day, as soon as he thought of committing a sin, he realised that if Rasūl Allāh (S) or anyone else asks him about it, he won’t be able to lie. This stopped him from other sins and forced him to give up other sins as well. This is why lying is called “the key” to the door of sins.

Lying also leads to more lies. The need to cover up one lie, leads us to lie again and the chain continues.

The Holy Prophet (S) said:
“When a servant tells one lie, the angels distance themselves a mile away from him because of his foul smell.”

Imām ʿAlī (A) said:
“The sign of faith is that you prefer truthfulness where it is to your own disadvantage over lying where it is to your benefit.”

IN SUMMARY

1. What does the Qur’ān say about lying?
2. Is it allowed to listen to lies?
3. How is lying a key to other sins?
4. Why was Rasūl Allāh (S) called al-Ṣādiq?

DID YOU KNOW

A liar cannot be a Muʾmin!

Rasūl Allāh (S) was asked, “Can a muʾmin be a coward?”
He said, “Yes.”

He was asked, “Can a muʾmin be a miser?”
He said, “Yes.”

Then he was asked, “Can a muʾmin be a liar?”
and he said, “No.”

KEY POINTS

1. Allāh (SWT) says in the Qurʾān that a person who lies cannot be a believer.

2. Rasūl Allāh (S) said that a muʾmin never lies. Rasūl Allāh (S) always spoke the truth. He was called al-Ṣādiq (the truthful one).

3. We shouldn’t listen to lies and we should show our disappointment when someone is lying, so that they understand that lying is not okay.

4. Lying is a major sin and leads to other sins.
The Shia Ithna’asheri Madressa is the Madressa (religious education centre) of the Khoja Shia Ithna’asheri Muslim Community of Stanmore, UK.

The S.I. Madressa was founded in 1985 and caters for the religious foundation of our community children.

The classes are held every Sunday for a duration of three hours, and the last 30 minutes are allocated to Salaat-ul-Jamaat for teachers, students & parents.

The S.I. Madressa has 4 main departments:
1. Akhlaq: Morals & Ethics
2. Fiqh / Aqa’id: Islamic Beliefs, Rules & Regulations
3. Tarikh: Islamic History
4. Qur’an: Recitation as well as Appreciation & Understanding

We also cater for students with learning difficulties and children with disabilities and special needs. These activities fall under the Learning Support and Special Needs departments.

Furthermore, the older students are accommodated for, with classes that prepare them for the outside world, equip them with qualities of leadership, and train them as future teachers.

The students are provided with an extensive and a comprehensive syllabus, which has also been adopted by many other Madaris and organisations across the globe. Furthermore, the S.I. Madressa has branched out onto the Internet, giving students and educators worldwide free access to the teaching material and manuals.

For further details and information about our activities, please visit www.madressa.net. Our notes are available for editing, sharing and improvement. If you would like to participate in improving the overall quality and content of these notes, please email admin@madressa.net.

These manuals were kindly donated for the Thawab of the Ruh of Marhum Akberali Pyarali Merali

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